



BUY A PIN
cancer.ca/daffodil



Canadian Cancer Society

LIVE 88.5fm



Ottawa metro

R.L. STINE KILLS AGAIN P.20



Your essential daily news | THURSDAY, APRIL 9, 2015

High 6°C/Low 3°C Cloudy



'Whoa, what's that?'

Chelsea Pepin stands at the eyesore across from her family's business. The owners get a tax break while the site, gutted by fire in 2009, sits empty. Pepin says it's time to act. More page 6.

STEVE COLLINS/FOR METRO

Police proud to protect sentries

SAFETY

Two armed officers will be stationed at War Memorial



Joe Lofaro
Metro | Ottawa

The Canadian Armed Forces and Ottawa police have a signed a contract that will see two, uniformed city police officers protect the ceremonial guards at the National War Memorial starting today for the next seven months.

The military is paying for the entire cost of the paid-duty contract, which is pegged at approximately \$425,000.

The new agreement comes almost six months after the deadly shooting of 24-year-old Cpl. Nathan Cirillo at the Tomb of the Unknown Soldier.

Gunman Michael Zehaf-Bibeau shot the reservist and father of one twice from behind and then stormed the inside of Parliament Hill where he died in a hail of gunshots.

The two Ottawa police officers guarding the sentries will be armed and will be protecting the site between 9 a.m. and 5 p.m. starting Thursday through Remembrance Day.

Heavily armed Ottawa police officers were brought in to protect the memorial site in the days following last October's shooting until the National Sentry Program ended for the season on Nov. 11, 2014.

"We remain undeterred in paying tribute to this nation's fallen and continue, resolutely, to show dignity and respect for this important national site," wrote National Defence spokeswoman, Ashley Lemire in an email to Metro.

"We are confident in the Ottawa Police Service's ability to

+ ACCESS

While the War Memorial and the Tomb of the Unknown Soldier will remain accessible to the public, crowd-control stanchions will restrict access to the two sentries guarding the tomb.

protect our personnel and we thank all Canadians for their ongoing support as we continue to pay tribute to the sacrifices made by our nation's heroes," said Lemire.

National Defence requested Ottawa police to help guard the site since DND does not have jurisdiction over the site.

Last month, Supt. Scott Nystedt, head of Ottawa police emergency operations, said the police force would be "proud and honoured" to provide the service to the Canadian military.

LIMITED TIME ONLY



Save like an RBC® employee.²

1-866-864-0420 or visit rbc.com/employeemortgage



1 Eligible mortgages applications must be started March 30 – July 3, 2015. 2 Offer limited to new 4 and 5 year fixed term closed residential mortgages and to eligible applicants. Other terms and conditions may apply. Subject to Royal Bank of Canada lending criteria for residential properties. Employee rates may be changed or withdrawn at any time. Visit rbc.com/employeemortgage for details. ©/TM Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.



Get more for less at the Kia Connection!

4 DAY SALE

THURSDAY-FRIDAY 9am-9pm SATURDAY 9am-6pm MONDAY 9am-9pm

2014 **SOUL**

OWN IT FOR ONLY... **\$52 \$0** **2.69%** INCLUDES YOUR
WEEKLY DOWN FINANCING CREDIT!
FOR 84 MONTHS \$1500
C.O.B. \$1892 PLUS HST

OR CASH PURCHASE PRICE FROM... **\$17135** PLUS HST



BRING THIS COUPON & GET UP TO...

\$1000

SHOPPING CASH

WITH THE PURCHASE AND DELIVERY OF ANY NEW KIA! EXPIRES APRIL 14, 2015



2015 **SPORTAGE**

OWN IT FOR ONLY... **\$64 \$0 0%** FINANCING
WEEKLY DOWN FOR 84 MONTHS
C.O.B. \$0 PLUS HST

OR CASH PURCHASE PRICE FROM... **\$21089** PLUS HST
THAT'S \$3800 IN CASH SAVINGS!



2015 **Rio5**

OWN IT FOR ONLY... **\$44 \$0 0%** FINANCING
WEEKLY DOWN FOR 84 MONTHS
C.O.B. \$0 PLUS HST

OR CASH PURCHASE PRICE FROM... **\$14135** PLUS HST
THAT'S \$2000 IN CASH SAVINGS!



2015 **OPTIMA**

OWN IT FOR ONLY... **\$70 \$0 0%** FINANCING
WEEKLY DOWN FOR 84 MONTHS
C.O.B. \$0 PLUS HST

OR CASH PURCHASE PRICE FROM... **\$23185** PLUS HST
THAT'S \$3250 IN CASH SAVINGS!

TRADE ASSISTANCE \$3000 TRADE UP TODAY!
ON ALL TRADES-ANY MAKE-ANY MODEL! GET UP TO...

ON THE SPOT FINANCING
Choose from OVER 300 new Kia's. Buy today, drive in less than 24 hours!

RISK-FREE CAR BUYING
WE GUARANTEE IT!
We pay cash for your car even if you don't trade it

SAME DAY SERVICE
No matter where you bought your Kia!
HOTLINE: 613-739-0288

5 WE'VE GOT YOU COVERED
5-YEAR/100,000 KM WORRY-FREE COMPREHENSIVE WARRANTY.



The Power to Surprise

ONLINE AT: **OTTAWA KIA CONNECTION.COM**

OTTAWA'S ORIGINAL KIA DEALERSHIP CANADA'S LARGEST INDOOR SHOWROOM

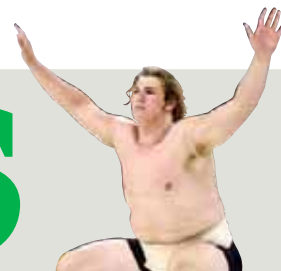


2559 BANK STREET
SOUTH OF ALBION ROAD
MON-FRI 9AM-9PM SAT 9AM-6PM
613-801-0257
TOLL FREE: 1-888-351-1236

350 HUNT CLUB WEST
EAST OF MERIVALE ACROSS FROM COSTCO
MON-FRI 9AM-9PM SAT 9AM-6PM
613-699-6746
TOLL FREE: 1-888-834-2060



Offer available on select new 2015 models through participating dealers to qualified retail customers who take delivery from March 2nd to March 21st, 2015. Dealers may set or raise their own. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing includes delivery and destination fees up to \$1,000, MSRP tax, \$200 fee tax, environmental fee, and \$100 A/C charge where applicable. Excludes other taxes, fees, and charges. Insurance, vehicle dealer administration fee up to \$100, and other charges up to \$100, and down payment if applicable and vehicle off-invoice specified. Other fees and financing options also available. Lease payments must be made on a monthly or bi-monthly basis but cannot be made on a weekly basis. Weekly lease payments are for advertising purposes only. See Bank Street Kia or Kia on Hunt Club for details.



Residency rules unclear: Clerk

POLITICS

Crown witness proves to be a benefit to Duffy's defence

The complicated question of just where suspended senator Mike Duffy had a "primary" residence began to be probed in depth Wednesday, with much hanging on definitions, rules and senators' understandings.

Duffy's lawyer laid out Oxford dictionary definitions and mounted an argument that Duffy's P.E.I. cottage at the time of his 2008 appointment became his main or "primary" residence — and was formally designated by Duffy as that — because his right to hold a Senate seat under the constitution depended on having a residence in P.E.I.

Under cross-examination, a retired Senate law clerk agreed that it was crucial for all senators to have a residence in the province they were appointed to represent — that it was in fact a constitutional requirement.

Mark Audcent said he assumed that Prime Minister Stephen Harper and his Privy Council advisers "pre-vetted" Duffy's qualifications to be a senator from Prince Edward Island.

However, Audcent said there are no "absolute indicators" of just what residence means. The Senate has never defined what it means for constitutional purposes, he said.



Suspended senator Mike Duffy leaves the courthouse after the second day of his trial in Ottawa on Wednesday. While inside the courtroom, the former broadcaster sat quietly and took notes. SEAN KILPATRICK/THE CANADIAN PRESS

Audcent said that upon being nominated, the constitutional validity of a senator's appointment would not be challenged by the Senate's administration officials.

"I viewed my role as a resource . . . I never viewed my role as being that of policeman," Audcent said.

Yet if a senator failed to maintain a presence or property in his or her province, a question about his qualification for the seat could arise,

"I never viewed my role as being that of policeman."

Mark Audcent

he said. Questions about disqualification or whether in effect a Senate seat was "vacant" would only be determined by the Senate itself, Audcent said, though the Senate has "never"

disqualified a senator on that basis.

During the hearing Wednesday, Duffy, who is facing 31 charges, sat taking notes from time to time, listening at other moments with his hand on his chin, impassive.

Audcent cited solicitor-client privilege in declining to discuss specifics of his advice to Duffy over his time in the office.

But Audcent said he advised all senators to have a secretary track the time spent in

the province of their appointment to avoid embarrassing questions. He said he warned senators who have Senate, government and personal demands on their time that they should guard against becoming too "comfortable" in Ottawa.

Duffy's lawyer Donald Bayne argues the question of residence for the purposes of claiming living expenses, as Duffy did, is far from cut-and-dried.

TORSTAR NEWS SERVICE

+ HIGHLIGHTS

What senators do in their spare time

When Audcent was asked how he defined residency, he set out a number of indicators, including where a person physically lives, where they get their government services like health care and where they socialize.

"Where you do business, where you bank, where you go to church, where your bowling league is, where you sing in club is, all those social connections that add up to a package saying this person is resident here," he said.

"Is bowling a big pursuit amongst members of the Senate?" asked deputy Crown prosecutor Mark Holmes to much laughter.

What the documents say

It was Dec. 22, 2008, when Prime Minister Stephen Harper announced Duffy would be appointed to the Senate.

Audcent testified that the very next day, Duffy received the standard orientation briefing for new senators. Duffy got the briefing before he was actually a senator — the official date of his appointment was Jan. 2, 2009. That's not all he got: his expenses were covered, as well. THE CANADIAN PRESS

FEATURING NON-ALCOHOLIC AND ALCOHOLIC BEVERAGES



A TASTE OF SUMMER

the beverage show

April 24-25

Aberdeen Pavilion, Lansdowne Park

Learn how to create
the Summer's
Newest Tastes for
the patio and barbeque

Sample Craft Beers
from local producers
and breweries from
around the world

FRIDAY AFTERNOON

2 FOR 1

ADMISSION
1PM to 3:30PM

TICKETS AVAILABLE AT THEBEVERAGESHOW.CA - \$10 +HST OR AT THE DOOR - \$15



Off sales is one idea being put forward by the premier. METRO

Group proposes 'off sales'

CRAFT BREWS

Distribution could be an issue for small breweries



Haley Ritchie
Metro | Ottawa

Restaurants Canada has proposed a new idea for breaking down beer-selling barriers in Ontario. The group is proposing an "off sales" program that would allow restaurants and bars to sell take-out beer.

The solution is being heralded as a way for craft breweries to expand their reach. In Ottawa, brewers say they've been treated well by the LCBO but would like to see changes.

"I think in theory it's a great idea for restaurants to have that off sell licensing, to have that demand would be excellent. I think its just going to be a challenge to hold that inventory and make sales," said Paul Meek, co-owner of Kichissippi Beer.

"What we'd really like to see is a level playing field," he added, echoing the comments from Ontario Craft Brewers that local breweries should be able to open

off-site stores to sell products.

Ottawa craft brewery the Clocktower already sells beer to go at their Glebe location, but breweries are only allowed to sell out of a separate retail store at "point of manufacture."

For craft breweries in particular, Meek said the "sticker wall" at the Beer Store does them no favours.

Steve Beauchesne, co-owner of Beau's, agrees. He said "off sell" would give customers a chance to try a beer with their meal and then take some home to enjoy later.

He said the distribution method can work well, but worries that it can also hurt small breweries if it's rolled out wrong.

"If it's just unregulated, you can sell any beer that you want at any point in time from a bar, you could get really sort of lowest common denominator," he said.

"From a craft brewer's perspective, we don't want to have to pay money for the privilege of a restaurant selling our beer."

Premier Kathleen Wynne has promised changes to the way beer and wine are sold in Ontario will be rolled out in the spring budget.

Off sales is just one solution being proposed to open the playing field outside of the LCBO, Beer Store and Wine Rack.



REACTION

Senator vs. Sens

Metro asked, which are you following: the trial of suspended senator Mike Duffy or the Ottawa Senators' push for the NHL playoffs?

NICHOLAS HODGE/FOR METRO



My friends have been talking about Duffy a lot more than the Senators. It will be fun to see the outcome of the trial.



Amy Nicholas



Where I'm from (the U.K.) hockey isn't really a thing. I have more fun watching it when I'm at the game.



I drove by all the cameras outside the courthouse yesterday and it's pretty ridiculous.



Viktoriya Bankova



The Senators have been on my TV all the time lately because my husband is really into hockey.



The Mike Duffy trial is a more important and newsworthy story for Canadians to follow than hockey.



Amer Adas



I'm not a fan of the Senators but have heard they are doing well.



I've been following both pretty closely but I'll say Duffy interests me more.



Graeme McConnell



I do like hockey and would have said the Sens but went with Duffy because I'm a Flames fan.

Welcome home a great rate.

4-year fixed rate mortgage¹ at 2.75% APR.*

Plus, get up to 1,000,000 PC[®] points.²

Call 1 866 747 8127, visit pcfinancial.ca/home or an in-store pavilion today.

President's Choice
FINANCIAL. 

That's just good banking.

*Annual Percentage Rate (APR) is based on a new \$400,000 mortgage for the applicable term and a 25-year amortization at a rate of 2.75%, assuming a Property Valuation Fee of \$250. Offer may be changed, withdrawn, or extended at any time, without notice. APR means the cost of borrowing for a loan expressed as an interest rate. It includes all interest and non-interest charges associated with the mortgage. If there are no non-interest charges, the annual interest rate and APR will be the same. Rate subject to change without notice. ¹Minimum principal amount for a President's Choice Financial mortgage is \$35,000. Mortgages are subject to credit approval. Not available in Quebec. Conditions and restrictions apply; ask for details. ²Earn 2,500 PC points for every full \$1,000 of your total mortgage balance when your mortgage funds. 1,000,000 PC points offer is calculated based on a \$400,000 qualifying Fresh Cut fixed rate mortgage. Number of PC points varies according to mortgage principal amount. To receive the PC points under this offer, customer must open a qualifying mortgage and open or have a President's Choice Financial no fee chequing account and an Interest Plus savings account. Minimum redemption 20,000 PC points (worth \$20 in rewards) and in increments of 10,000 PC points thereafter at participating grocery stores where President's Choice products are sold. Some redemption restrictions apply. For details, visit pcpoints.ca. Offer cannot be combined with other offers and is not available on variable rate, basic, or 5% cashback fixed rate mortgages. Conditions and restrictions apply; ask for details. ©PC, President's Choice, PC Financial, and President's Choice Financial are registered trademarks of Loblaw's Inc. Trademarks used under licence. President's Choice Financial personal banking services are provided by the direct banking division of CIBC. Banking services not available in Quebec. The loyalty program is provided by President's Choice Services Inc.



UNLIMITED

Internet & Home Phone

For only
\$49.95
/month

Home Phone & Internet Bundle

- + Unlimited Local Calling
- + Unlimited Data
- + Keep your existing number



6 Months FREE

Home Phone



1-866-516-0231

comwave.net

While Comwave offers for as low as \$49.95/month, Comwave reserves the right to correct any error in pricing without notice at any time. *The rates and free phone service promotion are based on a bundle 3-year contract term in addition to the five months, and includes a 30-Day Satisfaction Period. If you are not 100% completely satisfied, please terminate the service anytime within the Satisfaction Guarantee Period with no further obligations. Taxes are \$0.00 (IN 11-12) for any device to configure your equipment. Upon return of the equipment, a \$100 credit will be applied towards your final invoice. All customers signing up to the promotion are entitled to a maximum 3 months free phone service. If you transfer your existing phone number from your current provider to Comwave within the 30-day period, you will receive an additional 1 month free for a total of 4 months free phone service. HOME PHONE (HOMES) VoIP (V) has certain limitations, services traditional 911. A \$1.45 charge for 911 service applies. All Unlimited Plans do not include calls to the Virgin, Norway, N.W.T., Alaska and Hawaii. A \$12 fee is applied for shipping the VoIP Adapter. INTERNET Rates do not include a \$5.95 Monthly Access Fee and a one-time Home Wiring fee of \$39.99 (IN 11-12). Unlimited usage is governed by our fair usage policy to prevent abuse available at www.comwave.net/terms.



Since a fire in 2009, 1123-1127 Bank has been vacant — and worth a 30 per cent property tax break. STEVE COLLINS/METRO

Vacant 'eyesore' gets property tax break

REAL ESTATE

Mayor lobbies province for changes to law

COLLINS' CAPITAL

Steve Collins



Your first clue that not much has gone on at 1123-1127 Bank Street in a while is the West Coast Video sign. Do you remember the last time you went to a video store?

The boarded-up, graffiti-tagged building near Bank and Sunnyside has been vacant since a 2009 fire and contrasts shabbily with the well-kept shops around it.

Across the street at The Clothes Secret consignment

store, manager Chelsea Pepin says the view never changes: "I see a disgusting, weird building that is not in very good shape at all and could definitely do some benefit to the neighbourhood if it got torn down or at least got fixed or sold or something other than just sitting there in its weirdness."

Capital Coun. David Chernus-henko has had an earful of complaints about the property over the years. "Every year it flares up and residents get upset," he said. "I've done everything I can with the tools available to me. But unfortunately those tools are not numerous or very powerful."

To add insult to eyecore, provincial law gives the owners of vacant properties a tax rebate — 30 per cent off the regular commercial tax rate, according to city treasurer Marian Simulik.

Mayor Jim Watson argues the

\$716,500

THE VACANCY DIVIDEND

\$716,500: Assessed value of 1123-1127 Bank Street (as of 2014)

\$21,830: Estimated tax bill at full commercial rate

\$15,281: Estimated tax bill after 30 per cent vacancy rebate (a savings of \$6,549)

program is meant to help struggling businesses get back on their feet, not incentivize leaving a property vacant year after year. He's lobbied the province to press for changes, but admits he hasn't gotten much traction.

"It's fundamentally unfair that that building is sitting there va-

cant as an eyesore and is paying significantly less in property taxes than the building next door," Watson said.

"Is that what he thinks?" said Anna O'Connell, property manager at Gor-Fay Realty Company Ltd., which takes care of the building. Its fate, she said, is up to the building's owner.

"He says he's considering all his options and he'll be making a decision in the near future," O'Connell said.

“

"This is such a nice neighbourhood.. you go through and you're like nice, nice, nice — whoa, what's that?!"

Chelsea Pepin

Seeing red on the Day of Pink

LAUREEN HARPER

Choice of spokesperson for event draws criticism

A lot of Ottawans, from paramedics to teachers, were dressed in pink yesterday, participating in a national event that aims to end bullying in schools.

But the decision by Ottawa-based organizers the Canadian Centre for Gender and Sexual Diversity to invite Laureen Harper on as a spokesperson for the event drew some criticism on social media.

"I thought it was a joke when I opened my e-mail from the Canadian Centre for Gender and Sexual Diversity and saw a message from Laureen Harper," said local activist Ariel Troster.

She published a short essay on Twitter on why she wouldn't be wearing pink on Wednesday, which was retweeted by more than 50 people. Many other social media users joined in, tweeting criticism at the event's organizers.

Most of the criticism centred around the lack of support in the Conservative Party for Bill C279, which would protect people from discrimination based on gender identity.

"When adults are wearing a pink shirt but demonstrating they don't support our youth politically, it's an absolute betrayal," said Troster.

Jeremy Dias, director of the group that organized the Day of Pink, defended the organization's decision.

"The Day of Pink is a day for every single Canadian to wear pink and stop bullying," he said.

Dias said Laureen Harper has been a strong ally for victims of bullying, and was chosen because of her role in supporting the family of Amanda Todd, a teen who committed suicide in 2012 after relentless online bullying.

"Laureen Harper is a voice in a community where LGBT issues are not always heard. There's some languages I can't speak, but people who won't answer my phone calls or read my letters will read hers," he said.

"When it comes to Bill C279 we have worked really hard on this issue on the Hill and off the Hill. We're committed to trans rights," he said.

The online criticism was not universal. Amanda Ryan, a prominent member of the trans community in Ottawa and president of Gender Mosaic, said she's only had good experiences with the Day of Pink.

"I don't really see the controversy," she said. "To blame the entire Conservative party, I don't agree with that entirely. There are always people who will disagree with whatever you say. Especially in the LGBT community, there are a whole lot of diverse pieces." HALEY RITCHIE/METRO

+ BILL C279

The Conservative Party has not offered up its support for the bill, which would protect people from discrimination based on gender identity.



SellOffVacations.com
LOWEST PRICE GUARANTEED!



OTTAWA DEPARTURES: All prices are per person based on double occupancy for 3, 4, 7 or 8 nights on all inclusive vacations. European plan vacations or cruise vacation (unless otherwise specified) and were available at the time of printing. Packages and at the above prices are limited and subject to change without prior notice. For flights advertised above (if applicable): Prices are subject to availability and were available at the time of ad creation. Applicable to new bookings only. Transportation taxes & related fees shown must be pre-paid. Applicable local taxes payable in destination are extra. For full terms and conditions visit SellOffVacations.com or call 1-877-SellOff (735-5633). While all reasonable efforts are taken to ensure the accuracy of the information in the ad, SellOffVacations.com accepts no responsibility for actions, errors and omissions arising from the reader's use of this information howsoever caused. SellOffVacations.com, a division of Sunwing Vacations Inc., 27 Fasken Drive, Toronto, Ontario Canada M5W 1K6. TICO Reg. # 4276176 British Columbia license #39606 Quebec Permit # 702928

VACATION PACKAGES

PUERTO PLATA, DOMINICAN REPUBLIC

Casa Marina Beach Resort ****plus

Jun 03, 2015
7 Nights - All Inclusive

\$242
+ \$443 taxes (ACV)

CAYO SANTA MARIA, CUBA

Starfish Cayo Santa Maria ****

Apr 17, 2015
7 Nights - All Inclusive

\$495
+ \$315 taxes (SWG)

VARADERO, CUBA

Ocean Varadero El Patriarca *****

Jun 03, 2015
7 Nights - All Inclusive

\$514
+ \$341 taxes (ACV)

CANCUN, MEXICO

BelleVue Beach Paradise ***

Apr 23, 2015
7 Nights - All Inclusive

\$516
+ \$393 taxes (ACV)

Visit or contact a branch near you!
1-877-SellOff
(735-5633)

BOOK YOUR VACATION TODAY!

251 LAURIER AVENUE WEST, OTTAWA

(613)563-0231

Ex-dispatcher with ailing back 'let down' by system

HEALTH

Kat Paradis-Blais spends her days in bed after accident



Lucy Scholey
Metro | Ottawa

Kat Paradis-Blais stepped out of her car unaware she had a broken back.

As a trained paramedic, she was more worried about the driver of the car that rear-ended her while she was turning left into an intersection in August 2009.

"I didn't feel it right away," said the 34-year-old, while sitting propped up on the white sheets of the large bed in her Barrhaven home.

Today, almost six years later, she spends most of her days lying in that bed. It's the result of a broken sacrum that went undiagnosed the day of the accident and snowballed into more medical problems.

Once an emergency medical dispatcher who saved lives, Paradis-Blais said she feels like the system has failed her.

"When you take a call and you send paramedics on the road to get those people



Now it's more like, he's my caregiver and I'm his burden.

Kat Paradis-Blais on her husband, Josh



Kat Paradis-Blais, formerly an emergency medical dispatcher, spends most days at her Barrhaven home in bed, since suffering a back injury in 2009. Her husband, Josh Blais, has become her caregiver. LUCY SCHOLEY/METRO

that got into a car accident, you know they're getting help right away," she said. "You're sending hope their way and then you think that once they're taken care of and then brought to the hospital, you think that they're going to get fixed.

"I had so much faith in our system ... but I got let down."

When Paradis-Blais went to the clinic on the day of her accident, she was told she had suffered whiplash and muscle

pain. Five days later, she woke up unable to move.

With limited treatment in Canada, Paradis-Blais travelled to the U.S. for back surgery last year. But further complications mean she's heading back later this month for a "last-resort" operation. With the medical costs piling up, she estimates she will be about \$100,000 in debt when it's all done.

She has not worked in two years and now relies on her husband, Josh Blais, to help

with dinners, showers, getting dressed and bringing a cup of coffee upstairs to bed.

"Now it's more like, he's my caregiver and I'm his burden," said Paradis-Blais. "He doesn't see it that way, but that's how I feel because I feel like he's there for me and I can't be there for him the same way that I used to be."

The couple can't play basketball or walk their great Pyrenees, Jethro, but Paradis-Blais still smiles while sitting in bed.

"I don't like the life that I'm living right now, but it's the life I have now. It doesn't mean it will be the life that I will have in a month or two months."

Local food group Ottawa Foodie Girlz is organizing a fundraiser dinner, Dine for a Cause, on April 22 at Coasters Seafood Grill.

Tickets are available online. Those who can't attend, but want to donate, can check out Paradis-Blais's Indiegogo page.

HIGH SCHOOLS

Teachers' union warns of strikes

Strikes could begin at some Ontario high schools later this month as frustrations mount in bargaining, the teachers' union warned Wednesday.

The Ontario Secondary School Teachers' Federation is threatening to withdraw services at seven school boards: Peel, Durham, Halton, Ottawa-Carleton, Waterloo, Rainbow in Sudbury and Lakehead in Thunder Bay.

There is a "high level of frustration" at the table in Durham, so the union has singled it out as the first board that could see a strike, as early as April 20.

"We really have announced that we're serious about this," said union president Paul Elliott. "We believe you should be serious about this also, and we've got until April 20 to work toward settling that local deal."

Premier Kathleen Wynne urged teachers to stay at the bargaining table.

"Negotiations are always tough and they're particularly tough in an environment where there are constrained finances," Wynne said. "We knew the bargaining was going to be tough, but we're committed to staying, being part of a strong and honest collective bargaining process."

This is the first round of negotiations with the Ontario Secondary School Teachers' Federation since the province brought in a new bargaining system, with both local and provincial talks.

The negotiations are also taking place as Ontario tries to eliminate a \$10.9-billion deficit by the Liberal government's self-imposed deadline of 2017-18. THE CANADIAN PRESS

SENATORS

Get out your jeans and jerseys

In support of the Ottawa Senators' playoff push, Mayor Jim Watson has announced that Thursday is "Jeans and Jersey Day" for the City of Ottawa.

"I encourage all Sens fans to wear a jersey with jeans on Thursday to show support for this outstanding team," said Watson on Wednesday, who was asked to do so by the Senators. "Go Sens go!"

Ottawa will play an away game against the league-leading New York Rangers on Thursday night. This will be their second last game of the regular season.

The Boston Bruins are just ahead of the Senators in the standings and even if Ottawa wins its last two regular-season games, it needs Boston to lose, to leapfrog the Bruins into the last playoff spot.

Ottawa is also within reach of the Pittsburgh Penguins, but again it doesn't control its own destiny and needs the Penguins to lose.

NICHOLAS HODGE/FOR METRO



NHL

Sens destined for playoffs: GM

However the Ottawa Senators' improbable playoff push ends, it has provided inspiration for Bryan Murray.

The Senators general manager, who is battling Stage 4 colon cancer, spoke to the media informally Wednesday morning and admitted how much he's enjoyed watching the team compete for a playoff spot.

On Feb. 10, the Senators trailed the Boston Bruins by 14 points and any chance of making the playoffs seemed remote at best. But now with two games remaining, Ottawa,

with 95 points, is tied with the Bruins, who hold the final wild card spot in the Eastern Conference.

Thanks to an impressive 21-4-4 run, the Senators have put themselves right back in playoff contention.

When asked if he believed in destiny, Murray said it absolutely was.

"I think the way we've played we're deserving of getting in, there's no question," he said. "I'm hoping. Our projections are that that will happen, but we need some help."

Murray says the organiza-

tion has benefited greatly from this late-season push, regardless of the outcome.

"I'd be disappointed (if we didn't make the playoffs)," said Murray. "After the fact when you look at what's happened and the growth of the organization, the future that appears bright ... our depth now in young people is substantial. I can only foresee, unless something strange happens, that this team is going to be considerably better because of the competitive nature of our games lately."

THE CANADIAN PRESS

John's sex trial hears from teen

CRIMINAL COURT

Peers forced girl, 17, into prostitution



Joe Lofaro
Metro | Ottawa

An Ottawa girl who was forced by her teen peers to perform sex acts with a john withheld "pivotal" details of the encounter from police and a nurse and then changed her story several months later, the man's lawyer argued Wednesday.

The complainant testified at the trial of Joseph Donnelly, 41, who paid for sex from the girl who was 17 at the time.

She told the court Tuesday her friends sent nude photos of her to the john, dressed her up in a pink bikini, and then delivered her to his home for sex on the night of May 18, 2012 in the city's south end. Going along with the young

girls' plan, she told him she was 19.

Donnelly is charged with one count of sexual assault, with police alleging he had sex with her without a condom and with a sex toy without her consent.

But his lawyer, Paul Lewandowski, said those details only surfaced long after she gave a statement to police and met with a nurse who administered a sexual assault kit.

"Those two details are added later. Not initially. Not to the police officer on scene. Not to the nurse. Not in the video. We're talking, like, a year later," said Lewandowski.

The girl defended herself, saying she was overwhelmed by everything that was going on. At one point while the defence cross examined her, she broke down in tears on the witness stand, prompting the court to take a break.

"How am I supposed to know that when I was just through a traumatic time in my life?" she said.



It's not easy to just sit there and repeat the night over and over.

Victim's identity protected by a publication ban

"I didn't even want to talk to police. I just wanted to be in my bed. It's not easy to just sit there and repeat the night over and over again."

Lewandowski suggested to the girl that aside from the condom and sex toy details, she was putting on a facade of a "willing participant" because she feared physical harm from her peers if she didn't do what they said.

"When you're first interviewed by police, changing details weeks or months later doesn't change the image you presented to Mr. Donnelly that night," said Lewandowski.

The trial continues Thursday.



Joseph Donnelly, 41, leaves the Ottawa courthouse Wednesday. He is charged with one count of sexual assault. JOE LOFARO/METRO



Multi-colored semi-custom panels



Wood shutters & custom bedding



Light-filtering roller shade

what's your style iD?

Introducing
Inspired Drapes®,
a Budget Blinds®
exclusive.

20% off selected window coverings
15% off our new Inspired Drapes line*

Contact your local Style Consultant today at 866-471-7662.

*Offer good on selected Signature Series® soft window treatments and Inspired Drapes® sold exclusively through Budget Blinds®. Drapery hardware and installation not included. At participating franchises only. Valid at time of initial estimate. Not valid with any other offers, discounts or coupons. Some restrictions may apply. Ask for details. Offer available for a limited time only. ©2015 Budget Blinds, Inc. All rights reserved. Each franchise independently owned and operated. Budget Blinds and Inspired Drapes are registered trademarks of Budget Blinds, Inc. and a Home Franchise Concepts brand. Franchise opportunities available.

Budget
Blinds

Canada's #1 Choice for Window Coverings

BudgetBlinds.ca

Old building potential heritage site

INNOVATION CENTRE

Development would benefit emerging businesses



Lucy Scholey
Metro | Ottawa

The derelict 70-year-old industrial building on Bayview Road could finally get a heritage designation — just in time for its \$30-million makeover.

The City of Ottawa is seeking a heritage designation for its old municipal workshops building at 7 Bayview Rd.

But unlike with some historic buildings in the city, this heritage designation comes with little fanfare.

"It's pretty uncontroversial," said Jeff Leiper, the Kitchissippi councillor.

"It responds to, certainly, my desire to see our built form heritage protected.

"It responds to the community's similar desire to see our heritage protected, while allowing for a really import-



The City of Ottawa is seeking a heritage designation for the derelict 70-year-old municipal workshops building at 7 Bayview Rd. The building will also be converted into an "innovation hub," complete with offices, a digital media lab and community space. CONTRIBUTED/CITY OF OTTAWA

ant Innovation Centre to move ahead. It really is a win-win in this case."

Built in 1942, the City of Ottawa Workshops is the last building of its kind in the

Bayview area. It's influenced by the modern style of the early 20th century, with masonry panels, multi-pane steel framed windows and large loading doors.

The city is revamping the space to become the new innovation centre.

It will house Invest Ottawa and become an incubator for emerging businesses. Com-

2016

Phase one of the \$30-million renovation will be complete in 2016, with a second phase to follow that will include an adjacent 12-storey tower.

mercial offices, a café and a digital media lab are part of the plan.

The first phase will open in 2016. The second phase will include an adjacent 12-storey tower.

It's probably a good thing Leiper didn't compare the project to the MaRS Discovery District in Toronto — a larger project that recently saw a \$224-million Liberal "bailout" loan and was only 31 per cent occupied last year.

"The scale of what we're talking about with the Innovation Centre is significantly smaller," said Leiper.

The Bayview Yards building will go before the city's Built Heritage Sub-Committee on Thursday.

WITH FILES FROM
TORSTAR NEWS SERVICE

IN BRIEF

Search for boy continues

A search for a missing 14-year-old boy will resume Thursday after he fell through the ice on the Ottawa River Monday evening.

Police divers were out for a second time Wednesday to scour the partially ice-covered river near the teen's friend, a 16-year-old boy, also fell through the ice but was rescued by firefighters and escaped with only mild hypothermia.

JOE LOFARO/METRO

Two charged over armed home invasion

Gatineau police charged two men in a violent home invasion in the Hull region.

Police responded to 143

Dumas St. just after midnight after two men burst into a home occupied by six people. One occupant fought with one of the two armed intruders, said police.

Jean-Claude Duciaume, 23, and Jonathan Martineau Gauthier, 24, were each charged with 11 offences, including forcible confinement, robbery, assault with a weapon, and possession of a prohibited weapon.

JOE LOFARO/METRO

Rate wars are about which Bank wins.

Our rate is about helping people win.

1.49%
This is no misprint

18-Month Fixed Mortgage



Ready for a very different kind of banking? Welcome to Meridian. As Ontario's largest Credit Union we exist to help people grow their financial lives. Our 1.49% 18-Month Fixed 'We've Got Your Back' Mortgage has all the flexible repayment options you need to pay off your mortgage faster and a market leading rate to help you own your home sooner.

Hurry! This rate won't last long. Visit meridiancu.ca/mortgage, or call us at 1-866-592-2226 and we'll come to you.

Meridian
Credit Union of Ontario



Credit Union of Ontario

Some conditions apply. Rate is subject to change without notice. TMTrademarks of Meridian Credit Union Limited. 04/2015.

FATAL SHOOTING

Local teen in Miami spoke of other drug rip-offs

A Canadian teenager from Ottawa accused of involvement in a drug-related rip-off in Miami that left his older brother dead said they had pulled similar stunts in Canada, police documents state.

The documents obtained by The Canadian Press also show Marc Wabafiyebazu, son of a veteran diplomat, was brandishing a handgun outside a residence when police arrested him.

"(Wabafiyebazu) stated that he went to the house to steal the drugs while he waited in the car,

+ IN CUSTODY

Marc Wabafiyebazu remains detained as a juvenile on suspicion of being an accessory to murder.

but then his brother got killed," police say in an arrest affidavit.

"Defendant continued to state that he was from Canada and they had done the same type of thing in Canada and had also done other drug rip-offs in

Miami."

Wabafiyebazu, 15, appeared in a Miami court briefly on Wednesday. The prosecution said a grand jury would consider whether to bring formal felony murder or other charges against him.

Assistant State Attorney Marie Mato said the grand jury could also decide to charge him as an adult.

"If indeed that happens, we will be immediately entering a not guilty plea and defending the case on the merits," his lawyer,

Curt Obront, said in an email.

Wabafiyebazu was arrested March 30 after the shooting deaths of his brother Jean, 17, and Joshua Wright, also 17.

Police allege the brothers had gone to a home with the intention of stealing marijuana from a dealer. While the younger sibling waited with the car outside, the older teen went inside.

"In the process of that rip-off, several shots were fired inside of the residence," police allege.

THE CANADIAN PRESS



Indian Prime Minister Narendra Modi in Mumbai on April 2. Modi arrives in Ottawa April 15 for a two-day Canadian visit.

NICHOLAS HODGE/GETTY IMAGES

India's prime minister to visit Canada

TRIP

Narendra Modi will meet with Stephen Harper in Ottawa

Nicholas Hodge
Metro|Ottawa

India's Prime Minister Narendra Modi arrives in Ottawa on April 15 for a two-day Canadian visit to the delight of the India Canada Association, a group that aims to promote positive relations between Indo-Canadians and the rest of the population.

Modi lands in Ottawa for a meeting with Prime Minister Stephen Harper before flying to Toronto the same day.

The India Canada Association has organized three buses to take its members to Toronto where Modi is expected to deliver a speech to 10,000 people at Ricoh Coliseum. Jagdeep Perhar, president of the association, says Modi's visit is important for many Indo-Canadians that believe his government will improve India.

"I've been in Canada for 18 years and I haven't seen this kind of enthusiasm for a prime minister until now," said Perhar.

According to Perhar, the India Canada Association strives to preserve Indian culture while also finding ways for those of Indian descent to maintain their place in Canadian society. Another of its roles is to bring associations representing each of India's 29 states together as a community.

Modi's visit, which will also take him to Vancouver, marks the first time an Indian prime minister has visited Canada in more than 40 years. His itinerary includes a state dinner with Harper, meetings with banks and financial leaders to promote investments in his country and events at a Sikh gurdwara and Hindu temple.

Taking office in May of last year, Modi's Bharatiya Janata Party (BJP) is the first majority elected in India in decades.

"We have a lot of hopes for this government," said Perhar. "We hope that they will get things done and end corruption."

Zellers

NEPEAN

2065 ROBERTSON RD., NEPEAN
613-726-1379

GREAT DEALS ON BRAND NAME SPRING FASHION!

HURRY IN FOR BEST SELECTION, WHILE QUANTITIES LAST.
ON NOW THRU SUNDAY, APRIL 15

CHECK OUT OUR NEW ARRIVALS!

Brand name spring and summer fashion and footwear for men, women and kids

SAVINGS OF UP TO

70%

OFF THE ORIGINAL PRICE

19⁹⁹
Men's dress shirts
Reg. up to \$79.99

2 FOR 14⁹⁹
Men's ties
Reg. up to \$79.99

HOME EVENT
SAVE AN EXTRA
50%*
on selected linens, bedding co-ordinates, bedding accessories, towels, cushions, comforters and duvets

NEW REDUCTIONS ON MAJOR HOME OFFERS

SAVE UP TO **85%**
on mattresses

SAVE UP TO **70%**
on furniture

SAVE UP TO **40%**
on appliances

Hours of operation: Mon. – Fri. 9:30 am – 9 pm | Sat. 9:30 am – 6 pm | Sun. 10 am – 6 pm

Store discounts are off the lowest ticketed price. We accept Hudson's Bay MasterCard® Hudson's Bay Credit Card, major credit cards, debit cards, cash. No cheques. No price adjustments on prior purchases. No returns, exchanges or price adjustments on Major Home items. Selection may vary. While quantities last. Some exclusions will apply. No Rainchecks. See store for details. No other discounts apply. *Extra 50% off home departments are off the last ticketed price. This promotion does not apply to items that are price pointed. Additional Dot Discounts are not applicable.

Get on Canada's largest LTE network¹.



Sony Xperia® Z3 Compact



Samsung Galaxy S4™

VOICE &
DATA LITE
PLAN

\$70/MO.²

- 300 anytime local minutes
- 1.5 GB of data³
- Unlimited nationwide text, picture & video messages⁴

Plus, save \$3/month when you bundle with your other Bell services.⁵

Bell being with
Bell
just got better

Available at the following Bell stores:

NEPEAN
50 Marketplace Ave
613 823-2355

SMITHS FALLS
16 Beckwith St S.
613 283-7993

STITTSVILLE
Crossing Bridge Mall
613 831-1499

Offer ends April 15, 2015. Available with new activation within network coverage areas available from Bell Mobility; see bell.ca/coverage. One-time connection charge (\$15) and SIM card charge (\$4.95) may apply. 9-1-1 government monthly fee in NL: \$0.75, NS: \$0.43, PEI: \$0.70, NB: \$0.53. Taxes extra. Other conditions apply. If you end your Commitment Period early, a Cancellation Fee applies; see your Agreement for details. Subject to change without notice. (1) Based on total sq kms of coverage on the shared LTE network available from Bell vs. Rogers' LTE network. See bell.ca/LTE for details. (2) With new activation on a 2-yr. term. (3) Supports personal email accounts and HTML & WAP browsing and tethering. Corporate email integration and other corporate-type solutions not available. (4) Sent texts include texts sent to a Canadian phone number while in Canada and exclude texts sent to a U.S. or International phone number, premium texts (short codes), alerts, texts sent with a messaging application and roaming (international GSM, CDMA and U.S. CDMA texts). Received texts include texts received while in Canada and exclude roaming, premium texts (short codes), alerts or dial-up texts received from a messaging application. Out of bundle charges may apply. Data usage charges may apply with select CDMA smartphones to send and receive picture and video messages. (5) Available to residential customers with new Bell Mobility activation (or renewal) on a post-paid plan with the Bell Bundle including a Bell Home Phone package, Bell Internet and Bell TV, with select plans, see bell.ca/bundle. Samsung Galaxy S5 is a trademark of Samsung Electronics Co., Ltd., used in Canada under license. Sony is a trademark of Sony Corporation. Xperia is a registered trademark of Sony Mobile Communications AB.

Tot's photo used in anti-vax ad

FACEBOOK

Parent faces little hope for legal recourse



Jeremy Nolais
Metro | Calgary

At just 20 months old, Calgary-area tot Adele Collins has already become a face for acceptance of people with Down syndrome.

But now the young girl's mother is crying foul as an anonymous Facebook entity has stolen a photo of her and repurposed it as part of a messaging campaign claiming that, among other things, administering vaccinations to children can lead to them developing an extra chromosome and render them severely autistic.

The group, known as Disciples of The New Dawn, has said mothers who don't breast-feed put their children at risk of developing autism, and those opting to give birth via caesarean section are inferior.

Adele's photo is one of

+ POLICY

Facebook states on its site that it will "remove things that don't follow the Facebook terms (ex: nudity, bullying, graphic violence, spam)."

many used by the group — the bulk of the subjects are children with Down syndrome.

"Having them do this to our kids was so hurtful and so wrong ... this is hate speech," said mother Krista Rowland-Collins.

The stolen photo of Adele was one shot by Rowland-Collins for an advertisement for a boutique clothing provider called Screaming Owl.

She became inspired to get her Adele into modelling after witnessing a 2012 Illinois campaign promoting advertisements featuring special-needs individuals go viral.

Now, however, she's fighting to have the Disciples page taken down and has been lodging complaints every day with Facebook about the group since first discovering her

daughter's picture March 24.

To date, two of the editions of the Disciples page have been taken down — it's not clear by whom — but a "v3.0" offering remained active Wednesday afternoon.

Rowland-Collins questioned at what point the social media giant would begin blocking Internet protocol (IP) addresses to prevent the group from relaunching.

Little is known about the Disciples group. It's not even clear if the creators actually believe what they're saying.

"The Disciples of the New Dawn are led by Father Patrick Embry," reads a description on their current page.

"We resist the activities of the Communist Masters who seek to control us all."

The group has sparked some media controversy, especially after the number of "likes" on their original page topped 10,000.

"They're providing medical advice that could potentially kill children ... it goes beyond posting a picture of my child," Rowland-Collins said.

Jeremy De Beer, a law professor at the University of Ot-

66

Having them do this to our kids was so hurtful and so wrong ... this is hate speech.

Krista Rowland-Collins

tawa, said there are other avenues that Rowland-Collins and others targeted by the page's creators could pursue, but he expressed doubts they would have much success.

He said federal copyright legislation was amended in 2012 to establish a procedure for making a claim of copyright infringement.

As a result, the intermediary, in this case Facebook, could be compelled to forward on an allegation on to an infringer, and the courts could also compel the company to identify those responsible for a violation.

"The legal procedures are onerous — (it's) very difficult even for sophisticated companies to enforce copyrights in this context," he said.



The bottom photo of 20-month-old Adele Collins was taken by her mother for an advertisement. However, unknown individuals with the group Disciples of The New Dawn have repurposed it as part of an anti-vaccination campaign. CONTRIBUTED

POLITICS

RCMP contributing more funds into terror probes than feds

The RCMP has been forced to shuffle more cash and officers into terrorism investigations as Ottawa's contribution has remained static over the last decade, documents show.

The Mounties diverted \$22.9 million from other operations to the Integrated National Security Enforcement Teams (INSETs) in 2013-14.

The RCMP's share of INSET funding has been steadily rising from \$717,000 in 2003 to more than \$20 million for each of the last three fiscal years.

+ NUMBERS

- **\$717,716:** RCMP's contribution to INSETs in 2003-2004.
- **\$22,864,779:** RCMP's contribution to INSETs in 2013-2014.

Meanwhile, the federal government's contribution to INSETs has remained static at \$10 million a year since 2003. The documents state inves-

tigators have been reassigned, on a temporary basis, from "dedicated special investigation teams, surveillance, undercover teams, technical intercepts, analytical support, wiretap warrants and production orders."

In an appearance before a Commons committee in March, RCMP Commissioner Bob Paulson told MPs that the force has sufficient resources — but other investigations move to the backburner as a result of the shuffling. THE CANADIAN PRESS

MILITARY

Canadian jets bombed first ISIL targets in Syria: Kenney

Canadian warplanes have bombed their first targets in Syria, Defence Minister Jason Kenney announced online late Wednesday.

The milestone event came out via the minister's Twitter account and even seemed to get out ahead of the military, which had not posted news of the strike on its website before it hit social media.

Kenney says on Twitter that

two CF-18s struck an Islamic State of Iraq and the Levant (ISIL) garrison in Ar-Raqqah, which is about 160 kilometres east of the embattled city of Aleppo.

It is nominally considered the capital of the extremist organization known as ISIL and has been on the receiving end of American air strikes in the past.

Kenney provided no other

details, other than to say Canada's role in Syria is to help ensure the group has no safe haven.

A press release issued by National Defence late Wednesday said the Canadian jets were part of a larger formation of 10 coalition aircraft, including six U.S. warplanes.

The nationality of the two remaining aircraft was not disclosed. THE CANADIAN PRESS

Canada's favourite dishwasher.
Now part of Canada's favourite kitchen.

BOSCH
Invented for life

Meet the kitchen designed from the dishwasher out. Featuring the same German engineering and legendary quiet performance, the Bosch kitchen brings elegant, European design and beautiful, seamless true flush installation into the heart of your home. From ovens that can be aligned horizontally to revolutionary FlexInduction™ cooktops to sleek yet powerful laundry solutions, you'll agree there's **Nothing like a Bosch.**

Corbeil Appliances
2685 Iris St., Ottawa
1900 Innes Rd., Gloucester

Universal Appliances
1915 Bank St., Ottawa

f www.bosch-home.ca

*Rebate amount will vary depending on the number of qualifying Bosch Appliance products purchased, up to a maximum of \$2000. Offer is not valid in conjunction with any other Bosch offers. Valid at participating authorized dealers only. See dealer for details. Rebate is applied at time of purchase. Prices shown include any applicable rebates. Not all models available at all Retailers. Offer valid April 2nd through May 29th, 2015. © 2015 BSH Home Appliances. © 2015 BSH Canada. All trademarks are property of their respective owners. 15BCAN011-04-120348-12



B.C.'s Brodi Henderson, now 20, at the 2013 U.S. Sumo Open in California. DUSTIN SNIPE/USA SUMO

Canadian a sumo superstar in Japan

TOKYO

Victoria man left football for traditional Asian sport



Thandi Fletcher
Metro | Vancouver

At six-foot-seven and 360 pounds, athlete Brodi Henderson has always been the biggest guy on the team.

Now, the 20-year-old from Victoria, B.C., is using his size and strength to his advantage as the only North American to be accepted into the Japanese Professional Sumo Association.

"He's really strong," his father Lee Henderson told Metro. "He benches over 500 pounds." Henderson secured his spot in the league last September when he won the open-weight class at the U.S. Sumo Open in California.

He moved to Tokyo in February where he was accepted onto one of the country's 48 sumo teams — an already impressive feat within itself, said Lee.

"Each team is only allowed to have one foreigner," he said. "There are only about eight foreigners in all of Japanese pro sumo."

Henderson has only been in Japan for two months but already, his presence is making waves. With his towering stature, it's hard for him to go unnoticed, said Lee.

"When we showed up at the airport, there was a news crew there waiting for us," he said. "He was on the front page of a couple of newspapers before we got there."

Henderson first entered into the sport at the age of 15.

A keen hockey and football player, Lee said his son's size didn't always work in his favour.

At 13, Henderson was already six-foot-five, weighed 325 pounds and could bench-press over 300 pounds. Coaches were concerned that he could unintentionally injure his teammates.

Henderson first tried his hand at judo, but even in that

sport, Lee said it was difficult to find opponents in his weight category.

At one judo competition, all the other competitors dropped out of his category after he signed up, he said.

"Brodi was really quite discouraged and disappointed," said Lee. "So that's when he started looking for something that he could do where he could really excel."

Soon after discovering sumo, Henderson travelled to California to compete in the U.S. Open. After only a day of training, he went on to win almost every match, said Lee.

"It was pretty jaw dropping," he said. "He's a big, powerful man, but still, for a guy who has virtually no formal training, everyone was really impressed with his overall strength."

Although he has a "long way to go," Andrew Freund, director of USA Sumo, said Henderson's had an impressive performance at last year's U.S. Sumo Open.

"Last year, he pulled out some pretty incredible upsets," said Freund. "There's a spark of potential."

Henderson is now staying in a "heya," the Japanese word for stable or training quarters, where a group of sumo wrestlers live and train together full-time. He has no access to phone or Internet and is only permitted to write a to his family once a month. "It's almost like a monastery in a way that they're all brothers."

325

At age 13, Henderson was already six-foot-five, weighed 325 pounds and could bench-press over 300 pounds.

+ TRAINING

Hard work

Henderson's daily training sessions start at 5:30 a.m. and include five-hour workouts that focus on both strength and flexibility.

Staying limber is incredibly important for sumo wrestling, he said, with

even the heaviest wrestlers being able to do the splits.

It's a gruelling schedule, but Lee said his son thought "long and hard" about moving to Japan, even turning down football scholarships to pursue sumo. METRO

LATEST TECHNOLOGY

dyson cinetic

All others lose suction. Only Dyson Cinetic™ science doesn't.*

DC 78



DC 77



Win 1 of 10 Dyson DC77MF Upright Vacuums!

The only vacuum with no loss of suction and no filters to maintain.

Take a selfie with any Dyson vacuum at a Sears Department store and post it on the Sears Canada Facebook page before April 14th with the hashtag **#dysonunfiltered** for a chance to win.

See www.sears.ca/contests for rules and regulations.

Now available at

Sears®



*Historically, manufacturers based "no loss of suction" claims on a single test that can be completed before a vacuum's bin is full. We repeat that test to bin full 100's of times consecutively, amounting to 10 years' worth of test dust, to ensure vacuums containing Dyson Cinetic™ science maintain constant suction.

+ THE FOOTAGE**Scott runs away, Slager fires eight shots**

This combination of still images taken from an April 4, 2015 video, shot over a chain link fence and through some trees after Walter Lamer Scott had left his car, shows Scott appearing to break away from a confrontation with city patrolman Michael Thomas Slager, right, in North Charleston, S.C. In the video, as Scott runs away, Slager pulls out his handgun and fires at Scott, who drops to the ground after the eighth shot. Slager has been fired and charged with murder following the release of the dramatic video, provided by attorney L. Chris Stewart, representing the family of Walter Lamer Scott.

COURTESY OF L. CHRIS STEWART



Rev. Dr. Arthur Prioleau holds a sign during a protest in the shooting death of Walter Scott at city hall in North Charleston, S.C., Wednesday. Scott was killed by a North Charleston police officer after a traffic stop on Saturday. CHUCK BURTON/THE ASSOCIATED PRESS

S.C. officer, charged with murder, is fired

POLICE BRUTALITY

Mayor orders police to wear body cameras

A white South Carolina police officer who claimed he killed an unarmed black man in self-defence has been fired, the city's mayor announced Wednesday, a day after the release of a video showing the officer firing eight shots at the fleeing man's back.

The mayor also announced that he had ordered body cameras to be worn by every single officer on the force in North Charleston.

Protests began within hours of the murder charge against Michael Thomas Slager.

"I have watched the video. And I was sickened by what I saw. And I have not watched it since," Police Chief Eddie Driggers said. He was interrupted by chants of "no justice, no peace" and other shouted questions that he and the mayor said they could not answer.

The town will continue to pay for Slager's health insurance because his wife is eight months pregnant, said Mayor Keith Summey, who called the incident a tragedy for two families.

About 75 people gathered outside City Hall, led by Black Lives

66

I almost couldn't look at it to see my son running defencelessly, being shot. It just tore my heart to pieces.

Judy Scott, the slain man's mother, on ABC's Good Morning America

Matter, a group formed after the fatal shooting of another black man in Ferguson, Mo.

"Eight shots in the back!" local organizer Muhiyidin D'Baha shouted through a bullhorn. The crowd yelled, "In the back!" in response.

The video recorded by an unidentified bystander shows North Charleston Patrolman Michael Thomas Slager dropping his Taser, pulling out his Glock pistol and firing at Walter Lamer Scott from a distance as he runs away. The 50-year-old man falls after the eighth shot.

The dead man's father, Walter Scott Sr., said Wednesday that the officer "looked like he was trying to kill a deer running through the woods."

THE CANADIAN PRESS

BOSTON MARATHON BOMBING

Tsarnaev guilty on all 30 charges

Dzhokhar Tsarnaev was convicted by a federal jury Wednesday on all charges in the Boston Marathon bombing; that jury now must decide whether the 21-year-old former college student should be executed.

Tsarnaev folded his arms, fidgeted and looked down at the defence table as he listened to one guilty verdict after another on all 30 counts against him, including conspiracy and deadly use of a weapon of mass destruction. Seventeen of those counts are punishable by death.

The verdict — reached after a day and a half of deliberations — was practically a foregone conclusion, given his lawyer's startling admission at the trial's outset that Tsarnaev carried out the terror attack with his now-dead older brother, Tamerlan.

The two shrapnel-packed pressure-cooker bombs that exploded near the finish line on April 15, 2013, killed three spectators and wounded more than 260 other people, turning the traditionally celebratory home stretch of the world-famous race into a scene of carnage and putting the city on edge for days.

Tsarnaev was found responsible not only for those deaths but for the killing of a Massachusetts Institute of Technology police officer who was gunned down days later.

In the trial's next phase, which could begin as early as Monday, the jury will hear evidence on whether Tsarnaev should get the death penalty or spend the rest of his life in prison.

In a bid to save him from a death sentence, defence attorney Judy Clarke has argued that Tsarnaev, then 19, fell under the influence of his radicalized brother. THE ASSOCIATED PRESS





**ONLINE / IN CLASS FRENCH AND SPANISH LANGUAGE
TRAINING FOR ONTARIO RESIDENTS ONLY**

Levels: 1 to 5 (FRENCH) *Levels: 1, 2 and 3 (SPANISH)

Date: April 13 to June 22, 2015

Time: 6 pm to 9 pm

Ongoing registration: 181 Donald Street, Ottawa

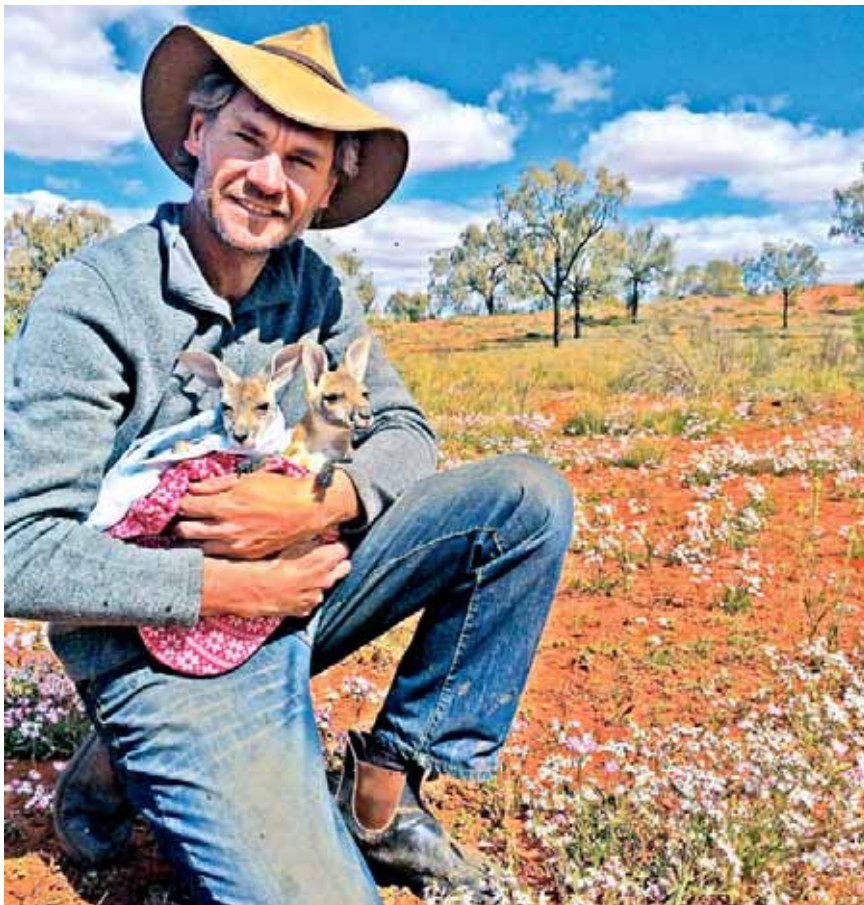
Duration: 10 weeks (30 hours in class plus 30 hours online)

Cost: \$35.00

***For more information please call: 613-741-2304 ext. 3**

www.educationpermanente.ca





Chris "Brolga" Barnes, with two of the 200 orphaned kangaroos he has cared for. CONTRIBUTED

Meet Australia's kangaroo saviour

ANIMAL SANCTUARY

'Brolga' found a dead mother with a baby in her pouch

The first time Chris (Brolga) Barnes rescued an almost-dead baby kangaroo, he didn't know what to do. He just knew he had to do something.

That was nine years ago, when he was working as a tour guide in Australia's Northern Territory and saw an adult kangaroo lying in the middle of a highway. She was dead, likely killed days earlier. Whimpering in her pouch was her baby, while scavenging birds circled overhead.

Barnes took the baby home, named her Palau and nursed her for months. About a year later, he released her into the wild.

That is the short version of how Barnes, the six-foot-seven man with a big smile, first be-

came a surrogate mom, then a heartthrob worldwide.

("Brolga" is the aboriginal word for a crane — so chosen because Barnes is so tall.)

He has since rescued more than 200 orphans, started a sanctuary outside Alice Springs, and even starred in a documentary, *Kangaroo Dundee*. Now he is about to start work on building a hospital for wildlife — kangaroos, camels — whatever size or shape they come in.

There are currently 35 kangaroos at the sanctuary — some are babies, some as old as 10. For the babies, he creates faux pouches of canvas bags, blankets or pillow cases that resemble a kangaroo mother's pouch.

"The babies need to be kept warm, so they go everywhere I go," he says.

Usually he has a couple of them sleeping with him at night, either snuggling with him or at his feet.

The sanctuary — 90 acres of bushland — is untouched

“

The babies need to be kept warm, so they go everywhere I go

Chris "Brolga" Barnes

so that the kangaroos feel like they are in a natural habitat before they are released into the wild.

Of the more than 200 kangaroo orphans he has rescued, most have survived.

They are orphaned either by hunters in the bush or by speeding cars on roads.

Adult kangaroos are tall and not hard to miss on the road, says Barnes. But they tend to nibble at grass on the shoulders and often dart without any warning, resulting in accidents.

Kangaroos are released from the sanctuary when they are 14 months old, usually in groups so they have better odds of survival.

TORSTAR NEWS SERVICE

NEW CLIENT[†] OFFER FOR \$79.99*
THIS WEEK ONLY.
GET UP TO 45%* OFF YOUR RETURN.

EXPIRES APRIL 12, 2015

HURRY IN TO H&R BLOCK BEFORE SUNDAY AND MOST TYPES OF TAX RETURNS ARE ONLY \$79.99*. ALL YOU HAVE TO DO IS BRING THIS COUPON. AND IF YOU BRING A FRIEND, THEY GET THE SAME PRICE.

*At participating offices. Price is for individual, Canadian federal and provincial returns. \$79.99 price point not valid for Premier, Complex, Corporate or US returns. 45% discount based on current pricing of an Advanced complexity return. Sales tax not included. Additional fees apply. Cash Back service not included. Prices are in effect only until April 12, 2015. [†]New client refers to anyone who has not visited H&R Block in the past two years (prior to January 1, 2013).

CIS CODE 3022nv



hrblock.ca | 1-800-HRBLOCK (472-5625)

H&R BLOCK®
 we don't miss a thing.™

Temp workers hard to replace

EMPLOYMENT

Canadians aren't applying to fill vacant positions

Lucy Haines
For Metro | Edmonton

Over the past seven years, Grant McCurdy has staffed about 25 housekeeping and janitorial positions with temporary workers from other countries at the DoubleTree Hotel in Edmonton.

While he estimates 90 per cent of those workers now have Canadian citizenship and still work at the hotel, on April 1 McCurdy and many other Edmonton businesspeople lost temporary employees, when changes to the federal temporary worker program went into

effect and tens of thousands of workers, including up to 16,000 in Alberta, were sent to their home countries.

McCurdy has lost three employees following the changes in positions that he said won't be easy to fill. "We're definitely feeling the impact," he said. "We pay the going rate, but it's not a high-paying field, and we're finding local people don't want the work. With camps closing in the oil patch, we thought we'd get a rush of applicants, but it's not happening."

Recruiting people to fill jobs is one of the industry's biggest problems, according to Alberta Hotel and Lodging Association president and CEO Dave Kaiser. He said workforce issues are on the agenda at the group's upcoming convention and town hall.

"It's a permanent problem — having to do more with less people," McCurdy said, pointing to the resulting move toward



A housekeeping worker looks for rooms to clean at the DoubleTree Hotel. TOPHER SEGUIN/FOR METRO

automated services in many hotels, like automated check-in and choosing your room on your cellphone. There are now even discounts for choosing

infrequent housekeeping service — every two or three days instead of daily.

"Margins aren't great in the hotel business. We all have to

look at ways to save labour," McCurdy said. "But it's a shame to lose good workers. We had to put people on return flights that have been here for several

years. They have no jobs to go home to, but there's nothing we can do."

Half of the workers sent home worked in low-wage service-sector jobs and thousands more in the construction industry.

"The change means employers in the low-wage service sector will have to pay higher wages. Our economy simply can't tolerate a two-tiered labour market," said Alberta Federation of Labour (AFL) president Gil McGowan.

While some 70,000 temporary workers are still in Alberta, McGowan said the AFL is calling for the program to be scrapped completely.

"The changes to the program are a significant step in the right direction," McGowan said.

"We don't want to see any more TFW permits for low-wage employers, but the workers who are already here should be allowed to stay."

metro

METRO CUSTOM PUBLISHING DIRECTORY

Home Matters

Looking for skilled professionals to help your home? Does it need a little TLC? Time to tackle that project in your house that has been bugging you for too long but you're not sure where to go for help? Look no further! Below is a list of local qualified outlets looking to help you out.

HVAC

Sit back. Relax.
Leave your comfort to us.

Ultra-Quiet
Ultra-Efficient
Heating and Cooling Systems

Carrier

turn to the experts

613-723-4567

francisfuels.com or visit our online store shopfrancis.com

FRANCIS FUELS
Heating and Air Conditioning
Natural Gas • Oil & Propane
Furnaces, Water Heaters, Air Quality
Service Plans, Financing Available
We Service All Brands and Models
at Your Convenience

PLUMBING

Residential and Commercial Plumbing,
Service Work, Fixture Repairs and Installs,
Back Watervallve Installations,
New Homes/Renovation Plumbing Installs

FREE QUOTES • Contact us today 613-227-0222

KYMAR PLUMBING INC.
613-227-0222 | kymarplumbing.ca

CABLE

The Un Cable Guys.ca 613-701-3180

Antennas (Installed) \$250 or \$125
Internet (Unlimited) \$40/mth

Zero Barrier Pricing

Internet TV (Incl. Sports+Specialty Channels+Movies) \$20+\$20/mth

VOIP Phone (Unlimited LD North America, Keep Number) \$15/mth

Start Saving Money Today!

HEALTH SUPPLEMENTS

Entrepreneur eyes crickets for protein

Cricket-based protein powder is the next frontier for health enthusiasts thanks to an adventurous Winnipeg entrepreneur.

"Before we started making this I was putting raw crickets in my smoothies every morning," said Alex Drysdale, owner of Crik Nutrition and creator of what he says is Canada's first cricket protein powder.

Drysdale started playing around with the business idea last fall, when he realized the protein-rich bugs were underrepresented in the health supplement market.

A pound of crickets has twice the protein than a pound of beef and three times as much iron. Crickets also grow faster and require much less food, water and land than cows.

Crik Nutrition gets its crickets from a farm in Ontario called Next Millenium Farms,



Alex Drysdale of Crik Nutrition holds up a dead cricket, the main ingredient in his nutritional protein powder.

EVA WASNEY/METRO WINNIPEG

which specializes in producing edible bugs.

Drysdale is launching a Kickstarter campaign later this month to get Crik Nutrition off the ground. The protein powder will be available online soon if he can meet his \$10,000 goal.

EVA WASNEY/FOR METRO WINNIPEG

market minute

\$	DOLLAR
	79.76¢ (-0.21¢)
▲	TSX
	15,213.60 (+24.76)
●	OIL
	\$50.42 US (-\$3.56)
▲	GOLD
	\$1,203.10 US (-\$7.50)

NATURAL GAS: \$2.619 US (-6.1¢)
DOW JONES: 17,902.51 (+27.09)

Tories plan balanced budget legislation

Cabinet ministers would see their pay docked five per cent if the federal government fails to balance its books under proposed balanced-budget legislation announced Wednesday by Finance Minister Joe Oliver.

THE CANADIAN PRESS



PROCON

Should we have a national pharmacare program?

YES: Canada's system is fragmented and inefficient

Every developed country with a universal health-care system has universal coverage of prescription drugs — except Canada. Without adequate coverage, one in 10 Canadians can't afford to take their prescriptions as written. Having multiple drug plans in every province decreases our purchasing power on the world market and increases admin costs. This leads to at least \$4 billion in unnecessary costs every year. The proof that it would work is found in countries like the U.K., which provides universal coverage of necessary medicines at prices far lower than Canada, while attracting five times as much R&D on a per capita basis.

Steve Morgan is a professor with UBC and the founder of Pharmacare 2020.

NO: Sounds great on paper, but won't work in reality

1. Health care is clearly a provincial area of jurisdiction. 2. There's a perpetual tendency for those favouring new spending to make extremely optimistic cost assumptions. Costs are usually much higher. 3. Our system is one of the most expensive in the world. Maybe we need to look at fundamental reform rather than embedding pharmacare in a mediocre system. 4. Lowering costs puts downward pressure on pharma profits, which discourages investment in new drugs. Alternatively, they will inflate prices in other markets. Are we OK with people in other countries being charged through the nose so we can have cheap drugs?

Aaron Wudrick is the federal director of the Canadian Taxpayers Federation

ROSEMARY WESTWOOD

metroview

The ocean makes me inconsequential, and yet somehow complete

Clouds crowded over the stone buildings as I walked into work yesterday morning.

Dark, drizzling rain and wind — it felt like my home by the sea.

I left Victoria years ago, moved between landlocked cities and ended up in the Big Smoke, or maybe the Big Cement.

And I have never stopped yearning for the ocean. To smell it. To look out at the horizon, the water frothed and steel grey. Or look out at the lack of a horizon on white days when the sky and sea are indistinguishable.

It's more than a nice view: The ocean strips away thoughts and settles me. It dwarfs my small life by its size and power, makes me inconsequential, and yet somehow complete.

It's the exact opposite of a city's crowded sidewalks fenced in by skyscrapers, bumping shoulders with the competitors. The city judges. It demands that you constantly be someone, do something, worthwhile.

Mike O'Brien — a man I've never met — also feels the ocean's pull.

He has long lived in Winnipeg, is dying of cancer, and he recently returned home to Victoria.

"You spend the rest of your life trying to get back," Mike told a reporter who happened upon him, his son and

wife by the water.

"I thought, okay, if I have time for one last trip (and my doctor told me I don't) where do I want to go? I want to come back here and see it one last time," he said.

It would be my last trip, too.

Sometimes, I look out at Lake Ontario and try to imagine it's the ocean. Sometimes when I hear a seagull's shriek I am, for a split second, on a rocky shore in B.C. at high tide.

On recent trips home, I've waded into frigid winter water just to feel the soft buoyancy, and taste the tang of seaweed and salt. It's not enough to look at the ocean, sometimes, for the worries to fade. I want to be swallowed.

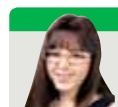
"When I look out beyond the island, I like to imagine sailing off and not looking back," my sister, who lives in Vancouver, told me.

The horizon does draw you out to it. Out to nowhere, really, or everywhere.

And the tide doesn't care if you're there. When it's violent, it is not angry. When it's placid, it is not happy. It's never sad. It's never questioning. It never answers.

You are to it like a log. Accepted, not even for who you are, but simply for existing. And don't we all want that? That most seductive, liberating feeling. I will never stop seeking it.

Urban Outfitters' smudge kit an insensitive offering



Danielle Paradis

This week, Urban Outfitters came under scrutiny for its sale of a "Local Branch Smudge Kit" (\$39.99 on sale from \$52.00), a sort of pseudo-ceremonial kit marketed towards hipsters as "energy balancing" that contains a wild turkey smudging feather, stoneware smudging dish, candle and instructions.

Many indigenous people feel this is cultural appropriation. What is the big deal? To start with, there is not just one Native American culture; there are hundreds across the U.S. and Canada. Secondly, repeated missteps by retailers and non-indigenous fashion designers could be avoided if they took the opportunity

to engage with indigenous communities in an authentic way, instead of commodifying and misappropriating sacred symbols. Simply put: If Urban Outfitters loves the aboriginal esthetic, maybe they should hire some aboriginal fashion designers and artists.

The manufacturers of the smudge kit are Mackenzie Edgerton and Blaine Vossler, a white couple who call themselves pioneers, live in an Air-stream trailer, and also sell Old West-inspired cellphone holsters, bison beanies and shirts featuring buffalo and Native American arrowheads.

Reducing a sacred symbol for aboriginals to *product sku number 34519397* is problematic, says Max FineDay, president of the Students' Union at the University of Saskatchewan. FineDay, a young aboriginal man, grew

up around indigenous activism. His involvements with indigenous issues are primarily in politics, but he doesn't miss a chance to speak out against cultural appropriation.

"The smudge kit shows a deep, deep ignorance about indigenous ceremonies, protocols, and laws that exist around use of medicine," FineDay said. "Selling a 'kit' that they market as a New Age/native-inspired answer to relieving stress from your nine-to-five grind is deeply disrespectful for those of us who still practise our traditional ceremonies."

The kit is just the latest misstep for Urban Outfitters. Last year, it found itself in legal trouble for its tacky line of "Navajo Hipster" panties and flasks. The Navajo Nation filed a lawsuit alleging breach of trademark and violations

under the Indian Arts and Crafts Act, which prohibits misleading marketing of American Indian goods in the U.S. As of press time, the smudge kit has been quietly taken down from Urban Outfitters' website. They could not be reached for comment.

It gets tiring to call out corporations for appropriating aboriginal symbols. Whether it's war bonnets or smudge kits, after repeated offenses, they should know better. Says FineDay, "there's an opportunity here for Urban Outfitters to change what is accepted in the fashion industry — they should rise to the challenge."

Danielle Paradis is a writer from Edmonton. She writes about aboriginal issues, gender, education and pop culture.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER
METRO EASTERN CANADA
Greg Lutes

ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

LEISURE IS
THE MOTHER
OF PHILOSOPHY

HOBBS

Fashion's new poster girls

ADVERTISING

Why major brands hire middle-aged beauties

Mature women are having a moment.

With her silver hair styled into a severe bob, clad all in black with huge sunglasses, 80-year-old author Joan Didion cuts a striking figure in the new ads for Celine.

A guitar-strumming, floppy hat-wearing Joni Mitchell, 71, fronts Saint Laurent's Music Project. Meanwhile Madonna, 56, has been posing for Versace, Julia Roberts, 47, is the face of Givenchy and Italian actress Monica Bellucci, 50, will soon be the oldest ever Bond girl.

But critics question whether this signals a real change in attitudes, or if it's simply the latest shock tactic by a fashion industry that will never give up its love of youth.

The senior market is "one of the most powerful consumer groups in mid- to long-term", said Magdalena Kondej, an

analyst for Euromonitor International.

"This approach would also seem the best option for apparel brands and there is no shortage of poster girls for older, glamorous women," Kondej added.

On the catwalks, even if former supermodels Amber Valletta, 41, and Eva Herzigova, 42, both took to the runways in Paris in January, skinny young women still rule.

But Sylvie Fabregon, who runs the Masters and Silver agencies for older models in the French capital, says she is seeing increased demand for more mature women.

"People are not stupid — women have had enough of seeing 20-year-old girls in adverts for cosmetics to fight wrinkles they don't have," she said.

Sylviane Degunst, 56, was spotted by a model scout two years ago on a London street, and has since appeared

in photo shoots for high-fashion brands as well as other adverts.

Slim, although not tall, she has

killer cheekbones and hair that has been white since she was 18.

Degunst was a writer and publisher in her native France, but struggled to find work

on moving to Britain and has embraced her new career.

"We're not in competition with the young girls, but I think it makes a nice contrast. It's interesting to mix things up."

Artist, writer and curator Sue Kreit-

zman insists that older women are becoming more visible in all public spheres, and even goes so far as to call it an "older lady revolution."

"It's happening slowly, but it really, really is happening," said the 75-year-old London-based New Yorker.

Kreitzman praises the Celine pictures for showing "that older people are here, we're beautiful — we count".

"What I love about it is that Joan Didion doesn't look (even) slightly bit young. She's gorgeous and she's an old lady," she told AFP.

Sandra Howard, a 74-year-old author who was a top model in the 1960s and 1970s, is skeptical about the new trend, saying the fashion ads featuring older women are "not about grey power, but the power to shock."

"It's one thing to have a beautiful older woman in a cosmetics ad — I think that does work," she told AFP, citing The Queen actress Helen Mirren's campaign for L'Oreal.

"I think in fashion photography you can mix in older and younger women, I think that's good. But if you go too much and do it as a gimmick, it's slightly offensive really."

However, she concedes things have moved on. "When I was modelling, you were old

when you

were 30!" she

laughs.

AFP

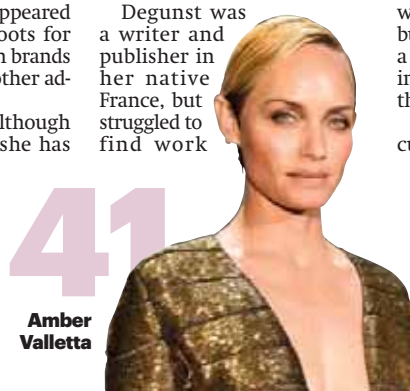


Monica Bellucci, 50

ALL PHOTOS: GETTY IMAGES



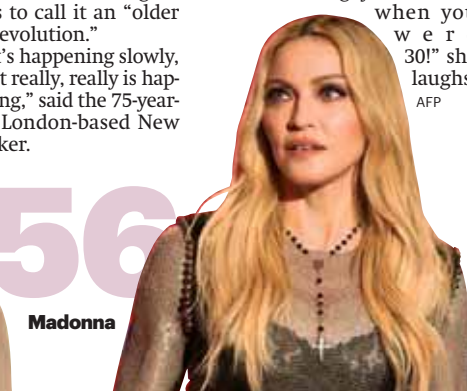
Julia Roberts



Amber Valletta



Eva Herzigova



Madonna



Over \$15,000 in prizes to be won!

The Ultimate Girl's Day Out!

APRIL 11 & 12

SHAW CENTRE

THE NATIONAL WOMEN'S SHOW

Shop at 250 exhibits offering products you won't find anywhere else!

Celebrities · Fashion & Style · Workshops
Great Deals · Fitness & Travel · Beauty & Wellness

Arrive early for your Goodie Bag of free samples! While quantities last.

Shaw Centre (formerly the Ottawa Convention Centre)
Saturday: 10 am – 6 pm • Sunday: 10 am – 5 pm • 55 Colonel By Drive
Admission: \$12 • For more info, call 1-800-891-4859 x 500

Thank you to our sponsors & partners:



Produced by:

#NWSOttawa

Save money, buy your tickets online!

www.NationalWomenShow.com

Versatile denim gets an update

SPRING-SUMMER 2015

This season's star fabric goes beyond jeans

Along with floral prints and military-style pieces, denim is a key trend this spring. And judging by the latest runway shows, the trend is set to continue through summer and into fall. Whether worn all over (the "Canadian tuxedo" look) or paired with more high-end materials such as lace, denim is everywhere this season, taking us back to the 1990s, only with more modern tailoring.

In jackets, skirts (mini or long), dresses, and jeans, denim is taking over everyone's wardrobe this season. The iconic fabric is the star of the season, whether raw, washed, printed, dyed or ripped.

Perennial runway staple

Last September, during the Spring-Summer 2015 fashion weeks in Paris, Milan, New York and London, denim made an appearance in nearly every show, not just those of jeans specialists.

There were denim jackets from Burberry Prorsum, denim skirts from Kenzo and even denim culottes from Stella McCartney. Gucci paired its denim jeans with tone-on-tone jean jackets, while Chloé presented raw denim pantsuits. The French label Leonard, which presented a number of pieces in printed denim, combined the fabric with lace in playsuits, shirts and shorts.

Tie-ups galore

Confirming the current hype over the famously sturdy fabric, several labels have announced high-profile partnerships related to their new or existing denim lines, including spokesmodel deals and tie-ups with other labels for collections.

The latest and greatest of these collaborations is Italian design label Giamattista Valli teaming up with American jeans brand 7 For All Mankind. Presented during Milan fashion week, the capsule collection is full of vibrant colours and animal motifs that elevate denim to luxury apparel.

Meanwhile, brands with existing denim



A model walks the runway at the Lala Berlin show during the Mercedes-Benz Fashion Days Zurich show last November in Switzerland. At left: J.Crew cropped jeans. VITTORIO ZUNINO CELOTTO/GETTY IMAGES; LEFT: MCV/TNS/TORSTAR NEWS SERVICE

collections are shining the spotlight on their jeans with the help of celebrity spokesmodels. Recent denim campaigns have featured Hailey Baldwin (Topshop), Novak Djokovic (Uniqlo), and even Justin Bieber (Calvin Klein Jeans).

Alexander Wang joined the fray with a sultry campaign for the Denim X AW collection starring supermodel Anna Ewers.

Finally, longtime denim specialists are attempting to maintain their edge through innovation. Pepe Jeans has come out with its Vacuum Seal, a skin-tight jean designed to hug and sculpt the legs, while Kaporal is touting its new ExtenDenim, designed to offer total freedom of movement and optimal comfort. AFP

DESIGN

A resto tucked into a truck

Le Bistrot du Lion is a fully functioning food truck concept that offers space for up to 30 diners as well as chefs and a DJ and will be going into service at Milan Design Week.

The French may have been a little slower than North Americans to embrace the concept of the food truck, but Peugeot's latest concept shows that they're clearly making up for lost time. It could influence the growing food truck scene in Canada's urban markets as well.

Dubbed "Le Bistrot du Lion" by the team at the Peugeot Design Lab, the concept is much more than just a stripped-out and refitted van. Instead, working from a brief that demanded a complete dining experience, the food truck literally splits in two to create a kitchen and a dining space.

"We wanted to create a complete food truck experience, not only creating a kitchen for the chef, but a restaurant and café for the customers. A lot of attention was given to opening up the kitchen and allowing the chef and food preparation to be as close to the public as possible," Cathal Loughnane, head of Peugeot Design Lab. "We also wanted to create a real sense of



The Peugeot Le Bistrot du Lion Foodtruck, split open. PEUGEOT

surprise as the compact Peugeot Foodtruck transforms into an amphitheatre-like dining space."

The truck is certainly theatrical, but it is also a fully functional mobile kitchen. The truck will be put into active service, first at Milan Design Week, which opens its doors to the public on April 14, and then will be taking up residence at the French pavilion for the full six months of the 2015 Milan Expo.

As such, Peugeot partnered with leading French food truck builder Euromag to make sure the concept is up to the task and meets all health, safety and hygiene regulations.

The food preparation area

is pro-grade featuring two grill plates, four induction burners, a deep fryer, a 400-litre under-floor cold store for food, a 350-litre fridge for drinks and of course a top-of-the-range espresso machine.

As for patrons, the truck can offer standing room for 30 customers at a time, shaded by parasols and entertained by an integrated DJ booth and a wide-screen display that relays a live feed of the chefs at work in the kitchen.

Peugeot also claims that the truck has been set up to "recuperate and recycle all waste" so that nothing is left behind when it hits the road again. AFP

ALGONQUIN STUDENTS' ASSOCIATION PRESENTS

THE CAT EMPIRE

WITH SPECIAL GUESTS
CURRENT SWELL

TUESDAY APRIL 14, 2015

TUESDAY APRIL 14, 2015
ALGONQUINSA.TICKETFLY.COM

'It's great to be killing teens again'

TEEN LIT

Author R.L. Stine on how Twitter helped revive Fear Street

Emily
Laurence
Metro | New York

R.L. Stine loves Twitter. The scary story writer not only used it to write an entire short story in rapid-fire tweets last Halloween, he uses it to interact with fans who were kept up all night reading his books in the '80s and '90s. Now, Stine is releasing *Don't Stay Up Late*, the second book in his revived Fear Street series next month:

What went into the decision to revive Fear Street? I did about 80 Fear Street books in the '80s and '90s and I just thought I had killed off enough teenagers for a while, so I stopped

writing them for about 20 years. But my fans on Twitter kept asking me to write another one. I was really honest and told them that I had taken (Fear Street) to some publishers, but no one was interested. Ten minutes later, (an editor) at St. Martin's tweeted me and said she was interested. So, it's great to be killing teens again.

And *Don't Stay Up Late* is the second book in the revived series.

Right. I hadn't written a Fear Street book in 20 years, so I had to get out my map of Shadyside and remember the history, because there's this enormous backstory. I came up with a bunch of ideas and pitched them. The first one was Party Games, and *Don't Stay Up Late* is the second one. Wait until you read the third ... It has the most gruesome scene I've ever written.

When you wrote the original series, how fast were the books coming out?

Every month. People don't believe it, but I was actually writing two books a month, a Fear Street book and a Goosebumps book ... The excitement of having these bestsellers was so exhilarating.

The '90s had this obsession with Goosebumps, and shows like *Are You Afraid Of The Dark?* Why do you think kids were obsessed with being scared?

It was a fad for one thing. Kids want to do what other kids are doing. But when I asked kids what they liked about the books — because I didn't get it — they all said it was because they liked to be scared. I realized that people like to be scared if they know they are safe.

This is what I do. I've been writing since I was nine. I was this weird kid in my room typing all the time.

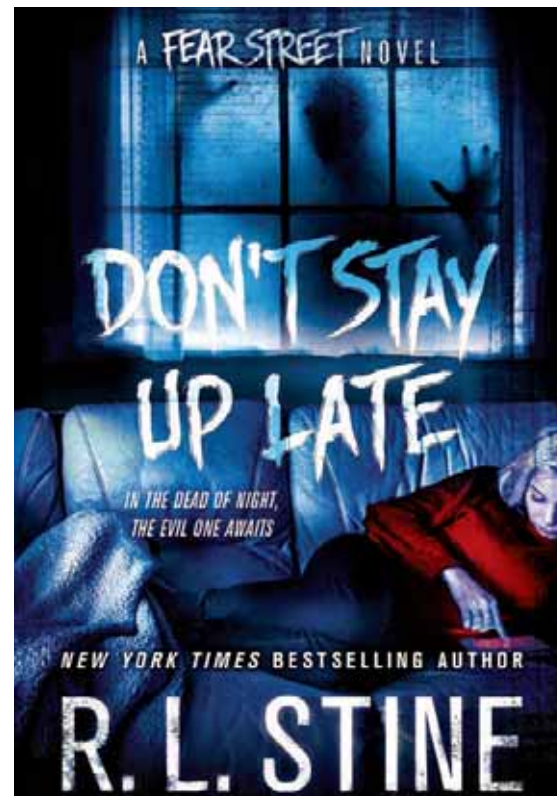
R.L. Stine

And what about you? Why do you love telling these stories?

This is what I do. I've been writing since I was nine. I was this weird kid in my room typing all the time. ... But I love these stories. I love thinking of new chapter endings. All my chapters end with a cliffhanger. I started out writing humor and writing a cliffhanger is the same thing as writing a punchline.

Did you like scary stories when you were a kid?

Yeah, I did. When I was a kid, there were these scary comics called *Tales From The Crypt* and *The Vaults of Horror*. They were creepy, but also really funny and they had all these great twist endings. They were very influential for me.



ENTER FOR A CHANCE TO **WIN**
A PAIR OF TICKETS TO



visit
**club
metro**
.com
to enter

No purchase necessary.
Terms and conditions apply.
For complete rules and regulations,
and contest entry,
go to clubmetro.com

50 SHADES EFFECT

Self-published erotica scores \$7M contract



Meredith Wild CONTRIBUTED/THE ASSOCIATED PRESS

A million-selling, self-published author has a \$7 million book deal.

Forever, a romance imprint of Hachette Book Group, announced this week that it had signed 32-year-old Meredith Wild, whose Hacker erotic series has appeared on numerous bestseller lists.

Forever is reissuing the four current Hacker books as ebooks on Tuesday and as paperbacks on May 12.

The fifth and final book, *Hard Love*, is coming out in

September. Wild's agent, Kimberly Brower, said the deal was worth \$7 million.

According to Forever, the series not only has sold more than one million ebooks, but also around 200,000 copies in paper, a rarity for self-published works.

Fans of *Fifty Shades of Grey* may recognize the Hacker narrative: Recent Harvard graduate and Internet entrepreneur Erica Hathaway falls for controlling billionaire Blake Landon. THE ASSOCIATED PRESS

BOOK NOTES

Google wins patent for spoiler-free surfing

A patent was awarded to Google this week for a program that would track your progress with content such as movies, books and TV shows and block social media posts that could carry spoilers. The patent, as spotted by Quartz, would blur out the potentially offending post, and a warning would pop up, asking the user if they want to read it. It is not clear which social networks Google would hope to integrate with, nor whether the company has real plans to develop the service.

AFP

New e-reader weighs the same as a sushi roll

The new Kobo Glo HD, boasting a high-resolution screen, will begin rolling out May 1. It has a 300ppi, 6" Carta E Ink HD touch screen and a one-gigahertz processor, plus four GB of storage and a weight of 180 grams — "about the same as a sushi roll," says the company. The Glo HD will retail for \$129.99. AFP



A case of vanishing letters between Brad Pitt and Angelina Jolie reportedly had the actor in "a panic." GETTY IMAGES

Brangelina's words of woe whip up ado

QUELLE HORREUR!

Private letters reportedly go missing from French estate



Ned Ehrbar
In Hollywood

Well, this is awkward. Brad Pitt and Angelina Jolie could see their most intimate secrets revealed if a collection of correspondence between the two that went missing from their estate in France two years ago ever surfaces, according to the National Enquirer.

Oh, and the whole thing is reportedly Pitt's fault. "Brad went into a panic because he couldn't find them. He's ter-

rified that they were lifted by someone who wants to publicly humiliate them," a source says.

The letters in question go up to 2013, when things weren't going so great, apparently.

"Late 2013 was the low point in their relationship," the source allegedly explains. "Brad was open about how he worried Angie might fall for a woman again, and he

even brought up her previous issues with drugs."

OK, two things: One, this "source" seems to know an awful lot about the contents of the missing letters, which is more than a little suspicious. And two, the main take-away here is that Pitt and Jolie actually write letters to each other, which is ridiculously endearing. I bet they even slip into casual French every now and then.

JUST KIDDING

Noah no thief: Peters

Canadian comedy giant Russell Peters is stepping back from comments in which he accused incoming Daily Show host Trevor Noah of stealing his material.

The Brampton, Ont.-bred comic told a reporter with Channel NewsAsia's show Conversation With that Noah is a "thief."

But after the story was picked up by news outlets around the world, Peters took to Twitter to dismiss the accusations as nothing more

than a joke.

He tweeted to Noah: "I can't believe how gullible the media are! Next time I'll choose a less awkward time to prank U!"

Peters can be seen making the comments in a videotaped interview from Singapore making the rounds online.

The apparent joke follows similar allegations levelled at Noah from another comic, David Kau. THE CANADIAN PRESS



SOFIA VERGARA

Big bosom 'not fun'

Sofia Vergara is all over the latest issue of Vanity Fair, and in case the cleavage-heavy cover photo didn't remind you enough of her, ahem, assets, the Modern Family star is more than happy to discuss them.

"My boobs are, like, huge. My whole life, buying a bra was a nightmare," she tells the magazine. "What I used to do when I moved to L.A., I found places like Fred-erick's of Hollywood

that make bras for streetwalkers.... I can't think of the word ... you know ... dancers ... strippers. Skinny girls with gigantic boobs."

Yes, Ms. Vergara. I know. Also! Don't go being all jealous of her just because of said rack. "Believe me, I wish I had fake boobs. I lay down and they completely go down like all the way, like here. It's not fun," she says.

NED EHRBAR/METRO



'90S UPDATE

She's all that again

Hollywood is out of ideas, as evidenced once again: The Weinstein Company and Miramax are working on a remake of the 1999 teen rom com She's All That, and honestly, doesn't Paul Walker's memory deserve better? The update will reportedly be directed

by Spike Lee's wife, Tonya Lewis Lee, according to the Wrap. Also, not to get all nitpicky and film snobbish, but She's All That was already sort of a remake of My Fair Lady, which was a remake of Pygmalion, so would this truly be a remake? NED EHRBAR/METRO



Who asked for a She's All That remake? HANDOUT

BOOK NOTES

Jessica Seinfeld to serve up another cookbook, humour

Jessica Seinfeld is ready to guide you in the kitchen one more time.

The wife of comedian Jerry Seinfeld is writing two new books for Ballantine Books, an imprint of Random House.

The first, a cookbook, will be released in fall 2016; the second will be a collection of humorous essays and observations. She has written three bestselling cookbooks, one the target of a plagiarism lawsuit that was later dismissed.

THE ASSOCIATED PRESS



VISIT SHOPPERS DRUG MART
SATURDAY, APRIL 11 & SUNDAY, APRIL 12

GET A
FREE \$10
INDIGO BONUS CARD

when you spend \$50 or more* on almost anything at Shoppers Drug Mart.

Indigo Chapters Coles indigo.ca

*Some conditions may apply.
See store for details.
Offer valid Saturday, April 11 & Sunday, April 12, 2015 only.

SHOPPERS DRUG MART





What they're asking

The term bungalow originated in India and has come to mean a single or one-and-a-half-storey, smaller, semi-detached home. From the biggest cities to the smallest towns, the ubiquitous bungalow is a popular and affordable alternative to small condos or pricier townhomes across Canada.

Duncan McAllister FOR METRO



\$599,000

Ottawa

This two-plus-one bedroom at 200 Dunston Terrace is listed for \$599,000. Located in the Solera Community, it's an open-concept bungalow with 18-foot cathedral ceilings and 1,888 square feet of living space, a designer kitchen and stainless appliances. Listing agents, Kelly Ebbs and Kerry Millican are sales representatives with Royal LePage Team Realty, 613-729-9090.



\$850,000

Vancouver

This two-bedroom bungalow at 1042 Adderley St., in North Vancouver just sold at press time for \$850,000. The Calverhall home has two bedrooms and one bathroom on the main floor, with a partially finished basement with its own access. It's located on a south-facing, 7,000-square-foot lot with laneway access. Listing agent Cathy Graham is with Royal LePage Sussex, 604-984-9711.



\$249,900

Halifax

Here is a well cared for two-bedroom plus den bungalow in the west end of Halifax, asking \$249,900. The living room boasts refinished hardwood floors and a central fireplace. The eat-in kitchen offers white cabinets. There's a full, unfinished basement with great ceiling height. This home boasts great natural light, and is situated on a spacious lot in a convenient neighbourhood. Listing agent is Meghan Laing with Domus Realty, 902-830-1377.



\$309,900

Winnipeg

Here's a stately bungalow with two bedrooms and two bathrooms at 220 Oustic Ave. Situated in a great neighbourhood with schools and shopping nearby. The asking price is \$309,900. The layout includes a large eat-in kitchen open to the living room, recreation room and a laundry room. Upgrades include granite countertops and laminate floors. Listing agents Dustin Marks and Danny De Leeuw are with Royal LePage Dynamic Real Estate, 204-989-5000.



\$349,900

Calgary

This two-bedroom, one-bathroom bungalow at 236 — 17 Avenue NE, is a great opportunity for first-time buyers who want a house at condo prices. It's located on a desirable street, one block between Centre Street and Edmonton Trail. Priced at \$349,900, "it is one of the least expensive single-family homes available within Calgary's inner-city," says listing agent Bob Dawe, with RE/MAX real estate (Central), 403-276-7653.

MINTO @ lansdowne

**IT'S NOW
OR NEVER!**

13

**ONLY ~~18~~ SUITES LEFT BEFORE THIS
HISTORIC PROJECT IS SOLD OUT!**

**6 TWO STOREY
PODIUM SUITES**

**5 1 BED / DEN
TOWER SUITES**

**2 2 BED / DEN
PENTHOUSES**

Rendering is artist concept

**LAST CHANCE TO LIVE AT
LANSDOWNE PARK IN THE GLEBE**

**PRESTIGIOUS LIVING, STEPS TO RIDEAU CANAL
& BANK ST., PARKS, TRAILS AND SHOPPING.**



mintolansdowne.com
613.788.2784

Visit the Sales Centre today!
Fifth Avenue Court, 831 Bank St.
Monday - Thursday: 12pm - 7pm
Weekends & Holidays: 11am - 5pm
Closed Friday



BATHROOMS

Black & Decker The Complete Guide To Bathrooms

Updated 4th Edition, 2015, Cool Springs Press

This book is for the handy do-it-yourself type and for those that want to be able to speak a language of renovation with their contractor throughout the bathroom process.



KITCHENS

House Beautiful Kitchens

Lisa Cregan, 2012, Hearst Publishers

There is a section called Stalking The Look where alternative products are suggested to help you borrow the ideas in a more affordable manner. This book is less hands-on practicality and more about discovering inspiration.



The best reads for your reno

DESIGN CENTRE

Karl Lohnes



Whether contemplating a redecoration of

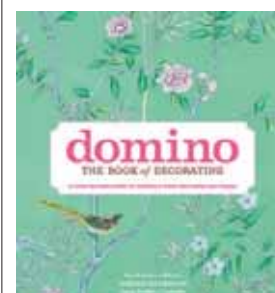
your condo, a basement renovation or planning a new kitchen or bath, there's a book to get you primed for every project. .

COLOURS

A Colorful Home: Create Lively Palettes For Every Room

Susan Hable, 2015, Chronicle Books

The author takes the simplest elements from nature and turns those ideas and colours into beautiful rooms. Bright confetti can inspire a multi-tiled wall of bright tile in a bathroom or autumn leaves can inspire a golden-toned family room retreat. From fabric to paint to wallpaper (and more), you will be inspired to incorporate colour into your next decorating project.



DECORATING

Domino: The Book of Decorating

Dara Caponigro, Deborah Needleman and Sara Ruffin

This is one of the best decorating books on the market; chock full of decor tips, rules and ideas, plus stylist tricks to help finish off a room in style. All from seasoned decorating magazine editors and stylists.



BASEMENTS

Design Ideas for Basements, 2nd Edition

Wayne Kalyn, Fox Chapel Publishing, 2008

This book offers expert advice on tackling the practical side of renovating a basement (mould, heating, permits, etc) and then gives hundreds of stylish ideas.

Transforming Landscapes

FOR OVER 35 YEARS

CALL NOW
FOR YOUR 2015
DREAM PROJECT

- UNILOCK® PAVERS
- NATURAL STONE PRODUCTS
- BOULDERS, DECORATIVE STONE
- PISA RETAINING WALL SYSTEMS
- POLYMERIC SAND
- GRANULAR A, TOPSOIL
- PINE MULCH
- STONE DUST, SAND
- STONE CUTTING
- FIRE PITS

Canlok
Stone Inc.
Your Natural Stone Headquarters



UNILOCK
AUTHORIZED DEALER

VISIT OUR INDOOR SHOWROOM AND OUTDOOR DISPLAY AT
950 MOODIE DRIVE
2 KMS SOUTH OF HUNT CLUB ROAD
canlok.com • 613-828-7686

Spring cleaning is good for the soul

ADVICE

Season-worthy tips to get rid of the old and bring in the new

Marianne Hayes
Metro in New York City

Cleaning out all the junk tucked away in the nooks and crannies of your home can be a daunting task. But parting with things like old knickknacks, clothing and receipts actually comes with some serious perks.

De-cluttering your home is associated with a wide range of mental and physical health benefits, according to a 2007 New York Times report.

With a new season upon us, spring cleaning represents the perfect opportunity to purge your home of clutter — and bring some fresh, new energy into your space. Professional organizer Jeni Aron shares her best tips for tackling the job.

A great piece of advice? Approach spring cleaning bit by bit, working in one-hour increments until your home is de-cluttered.

Start with your closet

With the cold weather (hopefully) behind us, now is the time to reevaluate your winter wardrobe. When it comes to coats, boots and scarves,

identify any items that need hemming, repairing or dry cleaning.

"If anything needs to be repaired, do that now so that it's ready for next season," says Aron. "And if you're done with that coat and it's seen better days, then it's time to donate it."

Donating and selling old clothes can actually be a killer way to bring in some extra income. Look for consignment shops and thrift stores in your area that pay for donations. If you strike out, giving them away at least comes with a nice tax writeoff.

As for the winter stuff you are keeping, store it up high so that it's out of sight in your day-to-day closet.

"And take a good look at your spring wardrobe from last year," Aron adds.

"Are you still excited about it? Are these items you would purchase today if you were in a store? Does anything need to be repaired or hemmed? Now is the time, before the season truly kicks in, to take care of all those little things so that you're in good shape for when it gets warm."

Replace your bedding

Ditch the heavy winter bedding for a lighter, fresher option that reflects the new season. Aron recommends storing heavier bedding and opting for either a floral print or an all-white setup, which both reflect the crispness of spring.

"Now is also a good time to do rug cleaning, so it isn't a bad idea to either hire a professional or do it yourself," she adds. "And now that you're going to have your windows open more, think about changing over heavy curtains for something lighter and breezier."

In other words, choose accessories that will optimize natural light and fresh air.

+ DETOXING

Clean out your kitchen

If you haven't done it in a while, take the time now to clean out your fridge. This includes detoxing your food items and trashing old products.

"Give your refrigerator a good clean out because we're now entering the fresh



fruits and vegetables stage, so you want to have a nice clean fridge for all of that," says Aron. Revitalizing your kitchen also includes taking a close look at your cooking supplies. It may be time to replace glassware, plates, and other products that are worn out.

NO CONDO FEES, NO PROPERTY TAXES, NO COMPARISON

PHASE 3 CONSTRUCTION COMPLETE

www.KanataApartments.ca

MOVE IN TODAY
OR BOOK FOR 2016
613.499.2137

**IMMEDIATE
OCCUPANCY**
or book for 2016

700 - 1500 Square Feet
Starting from
\$1350 / Month

ALL INCLUSIVE AMENITIES
No Additional Fees

★★★★

FURNISHED GUEST SUITE
ALL APPLIANCES INCLUDED
9 FOOT CEILINGS
IN-SUITE LAUNDRY
AMPLE STORAGE
INDOOR SALTWATER POOL
STAFFED FITNESS CENTRE
BARBECUE TERRACES
LOUNGE
GAZEBO GARDEN
LAKES & TRAILS

★★★★

**TOUR TEN FURNISHED
MODEL SUITES**
Grand Suite Available On Request



*910 - 950 Square Feet

LEASE A LUXURY APARTMENT TO OWN PEACE OF MIND,
FREEDOM TO TRAVEL, AND A RESORT LIFESTYLE



LEASING CENTRE Mon-Fri 9AM-5PM, Sat-Sun 10AM-5PM. After hours by appointment.
1145 Maritime Way, Kanata | 613.499.2137 | KanataApartments.ca

★★★★
LEPINE



Trust us, it might feel good to pick up that broom. iSTOCK

Thinking of buying a house? Take note

TIPS

To do and not to do when considering your first home

Stephanie Orford
For Metro

Are you reaching the cusp of financial stability (finally!) and considering buying your first home? You aren't out of the woods just yet.

Buying a home can be rewarding, but there are some dos and don'ts to consider, and not all of them are obvious, said Darcy Mcleod, president of the Real Estate Board of Greater Vancouver.

Here are some key steps and pitfalls to watch out for on the way to owning your first home.

FIND OUT WHAT YOU CAN AFFORD

First-time homebuyers will sometimes go out looking at homes before they understand the total costs of buying and owning a home, Mcleod said. "They'll fall in love with something and find out that they can't afford it, and then the places that they can afford just don't measure up. Make sure you have your financial ducks in a row."

The antidote is to get pre-approved for a mortgage from your lender — a financial institution or mortgage broker.

Also, consider the nitty gritty costs, including mortgage payments, property taxes, insurance, utility costs, strata payments and maintenance. Find them all out and do the math before you commit.

ANALYZE YOUR NEEDS

"A mistake a lot of people make is they look at all the



Not everything is obvious when buying your first home, so be alert to ensure you aren't caught off guard. SHUTTERSTOCK

shiny pictures on the Internet without thinking of what's truly important in a home," Mcleod said.

This pitfall can waste a lot of time and energy if you are looking at homes that don't suit your lifestyle needs.

DON'T BE A STARRY-EYED IDEALIST

The average first-time homebuyer stays in their home for about five to seven years — not

for a lifetime.

When you are looking for a place, if you aim for the absolutely, perfect, forever home, you are probably imposing too many barriers on yourself, Mcleod said.

DON'T OFFEND THE SELLER WITH A LOWBALL OFFER

"The tendency to want to get a really good deal on something can sometimes cause you to

get less of a good deal," Mcleod said. "If you're buying a resale home, you have to understand the seller will have some emotional attachment to the home. Your realtor can help you establish what a reasonable value for the home is."

WHAT TO EXPECT WHEN YOU'RE INSPECTING

Before you make an offer, you need to know what costs could rear their ugly heads down the

road. Get a good home inspector to help give you the lowdown. For a condo, that means making sure whole-building components such as plumbing and heating are in good condition. Detached homes come with a Pandora's box of issues to watch for — corroded oil tanks buried in the backyard, leaky poly-B plumbing pipes in some '80s homes, or incorrectly installed aluminum wiring that can pose a fire hazard.

Finding the perfect fit to make it home sweet home



A TD survey shows young people prefer urban living, while older Canadians lean towards small town or rural living. SHUTTERSTOCK IMAGES



The age of the suburb prevails.

According to a recent TD survey, when it comes to raising a family, the preferred place to live is the 'burbs.

Despite the consensus, the survey did find a generational divide, with younger Canadians (or 33 per cent of those surveyed) preferring urban living, while older Canadians (or 32 per cent of those surveyed) opting for small town or rural living. The suburbs were the preference for 31 per cent of respondents.

It's about the importance of "homefitting" — or finding the right home for whatever stage

of life you are at," said Kate Taylor, TD's senior manager of real estate secured lending.

"For example, many younger people clearly see the appeal of urban living, but that can come at a price, which makes it even more important to start saving for the home of your dreams as early as possible," adds Taylor.

Although millennials at 38 per cent and gen-X at 36 per cent were more likely to live in a major city, congestion and the high cost of urban living were the main reasons they would be deterred from raising a family there. They would, however, stay in the city, if

they could find a family-sized condo, the study said.

"People buying a home in the city, whether it's a condo or a house, need to keep their options open in case they want to move later when their family situation changes," Taylor said.

As trading a smaller home for a bigger one takes careful planning, Taylor recommends products such as tax-free savings accounts and RRSPs, to take advantage of the federal government's Home Buyers' Plan, to prepare for higher monthly mortgage payments, property taxes and other associated costs.

METRO NEWS

2.74% 5-Year
Fixed Rate*

Let the
house hunting
begin.

Home ownership happens
with a TD Mortgage.

A place to call your very own. We hear you. That's why we offer competitive rates, terms and flexible payment features. There's a TD mortgage with your name on it.

Visit a branch or
tdcanadatrust.com/mortgagerates



Banking can be
this comfortable.



* Assuming no additional fees are charged, the Annual Percentage Rate is the same as the interest rate. The mortgage interest rate includes a discount off the 5-Year Fixed Term Mortgage posted interest rate. Mortgage interest rate calculated semi-annually, not in advance. Applies to residential real estate. Funding must be completed within 120 days of application. Some conditions apply. Offer may be changed, extended or withdrawn at any time without notice. ® The TD logo and other trade-marks are the property of the Toronto-Dominion Bank.

Buying a home: The first of many big-ticket expenditures

MONEY

Be sure to budget for all those extras

Camilla Cornell
For Metro

When Erik and Theresa Tsang bought a three-bedroom townhome in Newmarket, Ont., in 2012, they had already decided it wasn't their forever home.

"We didn't want to put too much money into it," Erik Tsang said. "It was already in fairly decent condition and, because we were planning to have a family, we knew we wanted some place bigger."

Those good intentions didn't hold.

"We had to buy some furniture because ours wasn't enough to fill the space," Tsang said. "And some of what we had didn't fit in the rooms we'd intended for it to go."

The price tag for furniture — about \$10,000. Replacing the worn and dated stove cost another \$600. Then the air conditioning unit broke, which cost \$200 to fix. But the biggest expense of all was the water heater. When it stopped working, the couple was told the piping that fed it was no longer up to code and would have to be replaced. Portions of drywall had to be removed in order to reach the pipes. There went another \$1,000.

"Buying a home is an expen-



Homebuyers would be wise to budget for unforeseen expenditures, such as improvements to insulation. SHUTTERSTOCK

sive and stressful experience," said Jeffrey Schwartz, executive director of the non-profit Consolidated Credit Counselling Services of Canada. "The sticker price on the home and the closing costs are just the first steps."

In fact, a recent analysis of new homebuyers by the National Association of Home Builders in the U.S. found a home purchase typically triggers a flurry of other expenditures for appliances, furnishings and remodelling. During the first year after closing, the typical buyer spends on average \$5,288 on furnishings, \$4,279 on renovations and \$2,769 on appliances.

Here is how to make sure you don't end up sinking under the

weight of debt:

TRY TO CALCULATE THE LONG-TERM EXPENSES OF RUNNING THE HOUSE

"Typically, when you buy a bigger house, you've got bigger expenses," Schwartz said. "You have a bigger roof and furnace to replace and bigger bills for heat and hydro."

If you haven't compiled a budget, now is the time. You can find a basic budget sheet at consolidatedcredit.ca.

COUNT ON EMERGENCIES

Tsang's home was only 10 years old, but "even though we had a home inspector come in and look at it, they're not going to

spot things like cracks in the pipes," he said. "You should probably have a buffer in your budget for when things go wrong."

Schwartz suggested having three to six months of living expenses in an emergency fund. Toronto real estate agent Collette Skelly said a small line of credit also does the trick.

PUT IN SOME SWEAT EQUITY

The Tsangs painted their home themselves. Skelly suggested bringing in a gang of friends to do what has to be done. "A case of beer goes a long way," she said.

OPT FOR GENTLY USED

Those ads for new condos with

perfectly Zen rooms aren't realistic, Skelly said. "People don't really live like that. They bring in furniture from their own place and from grandma and the parents' house."

Her advice: Make do for a while.

"You don't want to buy a home, a condo or furniture unless you're sure you're going to like it for at least seven years."

You may even leave a few rooms empty. "I have tons of friends who moved into a house and didn't have any furniture in one of the rooms," Schwartz said.

PRIORITIZE THE RENOS

"Paint it all white," Skelly said. "Maybe get a new countertop

and replace the terrible old stove and then leave the house alone for a year while you get used to those mortgage payments."

That will give you time to decide on your biggest priorities, whether that's a couple of new windows, a new floor or a countertop. "By that time, you may need a new roof," Skelly said.

DON'T GET HUNG UP ON THIS YEAR'S MODEL

Next year, that model will be passé, Schwartz said. "It costs money to be a first adopter."

DO YOUR RESEARCH

Are you looking for a specific item, whether it's a couch or a dishwasher? Educate yourself about what features and brand you are seeking. Check out flyers and websites and make a few calls to stores. Online price comparison websites can be a great resource, too, particularly for appliances. Good Canadian sites for electronics include shopbot.ca and pricegrabber.ca.

KNOW WHEN TO SHOP

January is especially good for white sales on sheets and bedding, as well as TVs. Refrigerators often drop in price in May, as new models begin appearing. Home-decor prices dip in July. It's also a good month to buy furniture as the latest designs are due to hit the showroom floor in the near future. Ask "is that your best price?" You can't bargain for everything, but you would be surprised how often you can get a discount when you use those five little words.

Questions about a new-built home

When Sharon and David Laws bought a new home in a London, Ont., development, they admit they underwent a baptism by fire.

"You have to make so many decisions, so quickly. And what you see in the model home is not what you're going to get," Sharon Laws said. "Often, they have features like beautiful hardwood floors, crown moulding and trade ceilings. But you're not going to get those things unless you pay a lot of extra money."

Read on for the essential questions to ask when buying a new build.

1 Does the builder have a good reputation? Ask friends and family for recommendations, said Frank Oliva, who recently downsized to a townhome in London,

Ont. And find out how long the builder has been in business. "Ours had been around for 30 or 40 years," he said. "If they're bad, they don't exist for long." Gary Edwardes, a realtor and former builder, said to visit one of your builder's construction sites and get input from other homeowners who live in previously built subdivisions.

2 What is the average time to build? In larger developments or condo buildings, construction of your home may not begin until a certain percentage of units have been pre-sold, Edwardes said. That can mean a long delay before you take possession. And, yet, moving into the first phase of a project can mean coping with dust and

dirt while the other homes are built. "When we bought our first home, we were the first house," Oliva said. "We lived in construction for five or six years." Ask for a schedule — including when the sod will go down — so you will know roughly what to expect. But recognize it's never carved in stone, Edwardes said. "You have to be willing to be flexible."

3 Can I get the floor plan down on paper? "Usually, you'd want a proper floor plan drawn up for you to sign," Edwardes said. Make sure it includes room dimensions and plan details. But recognize, he said, that "these are approximate. When we go to build there may be differences on-site that we

can't do anything about." Still, if your floor plan is dramatically different than what you agreed on, you may be able to negotiate a discount or even ditch the deal.

4 What is included in the price? Start with the understanding that most of the finishes you see in that tricked-out model home are going to be upgrades, Laws said. Translation — they will cost you money. Ask what the average buyer has spent on upgrades and try to build some of those extras into the price at the point of negotiation. "You're not going to get anything after you've signed that contract," Laws said.

5 How many walk-throughs will I have? Most builders allow you to go through the



Make sure you see and sign a proper floor plan that includes room dimensions and plan details. SHUTTERSTOCK

house at least once before the drywall goes up. That's when you might realize, for instance, that the standard number of pot lights is going to leave your basement dark and uninviting. Or you need an extra plug or cable

outlet. "You're going to have to pay for it," Edwardes said, but it will cost a lot more later. "I wouldn't buy a house from a builder who wouldn't allow at least one walk-through."

CAMILLA CORNELL/FOR METRO

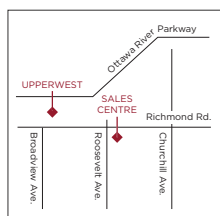
2 BEDROOM EVENT

BRAND NEW DESIGN

INTRODUCING THE HILLCREST SUITE
SPACIOUS 2 BED + 2 BATH
FROM ONLY **\$329,900***

Don't miss this limited opportunity to live in an iconic
condominium in the heart of Westboro, overlooking the
Ottawa River and 25 acres of parklands.

UPPERWEST
westboro



400 Richmond Rd.
Mon - Thurs: 12PM - 7PM,
Closed Friday,
Sat & Sun: 11AM - 5PM
613.788.2786

REGISTER FOR PRIORITY CHOICE
LIVEUPPERWEST.COM

*Prices and specifications are subject to change without notice. Rendering is artist's concept. E. & O.E.



CANDEREL



Women lead way in real estate

FIRST HOME

More women than ever are buying homes on their own

Jen Traplin
For Metro

Two years ago, Sonya Singh was looking to plant her roots in a city and figured real estate was her answer.

Opting to stay away from high-rise condominiums, she eventually settled on a one-bedroom condo townhome in downtown Toronto.

That she would be purchasing real estate on her own, Singh said, was scary, but she knew the time was right, calling it the best financial decision she has ever made.

"As a woman in her 30s, you start thinking that you should

be looking at a home as part of a relationship," she said. "But your home defines you as your place of growth and, one day, when you are in a relationship, you can grow into a bigger home."

"I was tired of renting and paying someone else for their property. There's a sense of security and independence that comes with purchasing your first home."

Singh isn't alone. Roughly one in four Canadian homebuyers is a single woman.

Real estate expert and TV personality Sandra Rinomato said women purchasing real estate on their own is a clear trend.

"There are more women buying real estate than there are men buying, and there are many more women buying now than there was even 20 years ago," she said.

Until just a few decades ago, according to Rinomato, women had a hard time purchasing homes or even getting credit cards without a male co-signer.



Sonya Singh settled on a one-bedroom condo townhome in downtown Toronto. CONTRIBUTED

She feels the industry has been slow to catch up, but is now taking steps to recognize this trend.

"Women aren't getting married right out of high school and we're pursuing careers and, one day, I realize the typical 1.7 kids and the white picket fence isn't for me — I don't want to rent, I want to nest and I want something comfortable for me and I want to be financially secure."

Helga Teitsson, a real estate broker in Toronto and creator of the website Smart Women Buy

Real Estate (smartwomenbuyrealestate.ca), said clients share that mindset. She said investing in real estate is the smartest financial decision women can make.

"Typically, women would wait until they found 'Mr. Right' and they were getting married and then they would buy their first home," Teitsson said. "That's not the case anymore. It's really important for women to secure their financial future with real estate."

The math is simple, Teitsson

said — if you purchase a condo for \$400,000 and its value appreciates modestly by an average of five per cent per year, that's an increase in the value of your home of \$20,000 year after year. At the end of five years, you are already up by roughly \$100,000.

"If you were in a rental and you were throwing \$2,000 a month into rent, you're losing \$24,000 a year and have no equity," Teitsson said. "You're paying someone else's mortgage and not your own."

Teitsson and Rinomato agree that jumping into the real estate game on your own — whether you are a woman or a man — isn't for the faint of heart.

"When I bought my first place on my own, it was a forced savings account for me," Rinomato said. "I couldn't buy that Gucci bag or take that trip to Hawaii."

"You have to make sure that you're ready and it's the right decision for you. If you're on a budget, know your numbers and understand them."

Team up for your first home

Vawn Himmelsbach
For Metro

A \$1 million home is the new normal in Toronto — and that means the prospect of buying a house can be daunting, to say the least, for first-time buyers.

The average price of a detached home has crossed the seven-figure threshold, reaching \$1,040,018, according to the Toronto Real Estate Board. And housing prices are expected to increase an additional four per cent this year, according to Re-Max's annual Housing Market Outlook Report.

That could be why we're starting to see less conventional approaches to buying property.

According to a 2014 survey by TD, four in 10 Canadians believe buying a house with friends or family members is a good way to get into the housing market, whether buying a primary residence or vacation home.

"It's actually becoming more and more common," said Michelle Snow, associate vice-president of retail products at TD.

Snow also knows this from personal experience: She bought her first home with a friend, since they both felt owning a home was more economical than renting.



Buying a house with friends or family can be a more realistic, budget-friendly way for to enter the market. SHUTTERSTOCK

They hired a lawyer and came up with a legal agreement that covered how long they would own the house together and what would happen if one person wanted to sell and the other didn't.

"It sparked those conversations," said Snow. "It makes you approach it more like a business than an emotional decision."

They each came to the table with 50 per cent of the down payment and committed to paying 50 per cent of the mortgage.

"We took it even further and opened up a joint account and managed our expenses out of that joint account," explained Snow. That ensured one person wouldn't feel as though she was contributing more to household

expenses, even if it was just \$10 on paper towels.

They had agreed to own the house together for five years, but her friend decided to sell her half after three years since she needed the equity to pay for her MBA.

"So she carried the weight of finding somebody else to take her half of the mortgage," said Snow.

"Your mortgage specialist can help navigate some of those conversations," she added. This is particularly important if you're not splitting the costs 50/50; that makes things more complicated, especially when it comes time to sell and equity has been built.

Jeff Cody, a mortgage broker and spokesperson for the Independent Mortgage Brokers

+ DECISIONS

TD's Michelle Snow says:

- Discuss how monthly mortgage payments will be made after the purchase.
- Decide how taxes, insurance, utilities, repairs and maintenance fees fit into the overall budget. Consider opening a joint account.
- Decide how long you will own the property together (it probably won't be forever) and what will happen if one person wants to sell and the other doesn't.

Association of Ontario, says he often sees parents help out an adult child with a down payment or mortgage. They might split the mortgage, "gift" the child a down payment or rent out part of the house to help cover costs.

"The other thing I've seen is where a couple of friends buy a duplex so each person has their own unit," says Cody. But, if they're splitting the mortgage and one person doesn't pay his half, the bank can go after the other person for payment. That's why it's important to draw up a legal agreement separate from the purchase agreement, he said.

MOVING IN

Sell or rent: Weigh the benefits of each

You meet someone, fall in love, and before long, you are talking property. At some point you may ask, what should be done with a spare house?

My husband and I faced this question when we decided to purchase a home together. I already owned a house that I was emotionally attached to, though it didn't offer the space we needed. We debated pitching a for sale sign on the lawn, but, ultimately, turned it into a rental.

Whether you wish to list or generate extra income, both carry pros and cons, said sales rep Brendan Powell with the Brel team.

"If you can afford to hold the property and own your primary residence then you can potentially benefit from the gain in value over time," Powell said. "What better way to have control over that part of your investments than managing your own property?"

On the flipside, "selling locks in whatever return you have made since you bought and frees that cash up for you to use somewhere else."

Holding property sounds appealing, but managing it can get gritty. When Bowmanville, Ont.-based Lesley Rodrigues met her



Consider the pros and cons before putting up the for sale sign. SHUTTERSTOCK

husband, she was renting out her Pickering, Ont., townhouse.

"When my tenant decided to leave, we moved into it together," she said. "After a while we bought a bigger place, so I rented the townhouse out again."

Last year, a bad tenant prompted them to sell.

Cheques were bouncing and the house was getting ruined.

Mathieu Yuill, a real estate investor since 2004, believes the benefits outweigh the risks.

"There is a lot you can do to increase the value of your property, unlike other investments," he said. "Real estate allows you to buy an asset without paying the full price via a mortgage. It's hard to find that with other investments." **TANYA ENBERG/FOR METRO**



We'll help you make
yourself right at home.

Purchasing a new home is an exciting time and, at Scotiabank, we can help you get there. With the right mortgage and invaluable advice from your Scotiabank advisor, you can start your new beginning in your new home.

Talk to us about the mortgage that's right for you.

www.scotiabank.com/homeownership

You're richer than you think.®



® Registered trademarks of The Bank of Nova Scotia.
All mortgages are subject to applicable credit approval, Scotiabank residential mortgage standards and maximum permitted loan amounts.

Sens cause delay in playoff plans

NHL

Comeback win forces rivals to sweat out a wild finish

The playoff chase in the NHL's Eastern Conference has gone from compelling to downright wacky.

Five teams, fighting for four spots, are now separated by just three points after Tuesday's thrilling night of action. The race tightened significantly because of Ottawa's stirring rally from a three-goal deficit against Pittsburgh. The Senators won 4-3 in overtime, pulling even with Boston for the second wild card and within one point of the slumping Penguins.

"We've got to wipe this one away," Pittsburgh's Sidney Crosby said. "We've got two games left to earn the right to play in the playoffs. It's up to us now, but we've got to forget this one pretty quick."

Pittsburgh hasn't missed the playoffs since Crosby's rookie season. When he scored 10 seconds into the game Tuesday, you could

almost feel the sense of relief among fans of the Penguins, Red Wings and Bruins — three glamour franchises that suddenly have to sweat out a wild finish to the regular season because of Ottawa's late surge.

Pittsburgh led 3-0 after the first period Tuesday, but the Senators came back in dramatic fashion. Since Feb. 10, Ottawa is 21-4-4.

The New York Rangers, Montreal, Tampa Bay and Washington have clinched playoff spots in the East. Of the remaining five contenders, the Islanders lead the pack with 98 points, followed by Detroit (97), Pittsburgh (96), Boston (95 before playing in Washington on Wednesday night) and Ottawa (95). Each of those teams has two games remaining.

If the Penguins had held on to win in regulation, Pittsburgh, Detroit and the Islanders would all be in the playoffs. Instead, none of them clinched anything.

"We've had a heck of a season at this point but we have to find a way and solidify," Islanders star John Tavares said.

The Islanders are still in

a comfortable spot, but they went through a thoroughly maddening evening. Needing only to make it to overtime to clinch their second playoff berth in the last eight seasons, they rallied from a 4-1 deficit in the third period and scored the tying goal with 28 seconds left. Then Philadelphia's Brayden Schenn flipped a routine shot from near the blue-line that somehow slipped past goalie Jaroslav Halak and into the net with 2.1 seconds remaining, giving the Flyers a 5-4 win.

Detroit had its own problems with Carolina before rallying in the third for a 3-2 victory, but once the Penguins failed to beat Ottawa in regulation, the Red Wings couldn't clinch Tuesday and neither could Pittsburgh. An overtime win by the Penguins would have been enough to put the Islanders in the playoffs, but that didn't happen, either. Mark Stone's OT goal won it for the Senators.

"I'm just thankful to be able to contribute at those times of the game," Stone said. "Everybody that's contributing on my goals are the guys that are making the plays. I'm just the one that's finishing it off." THE ASSOCIATED PRESS



"I'm just thankful to be able to contribute at those times of the game."

Mark Stone

The Senators' Mark Stone celebrates with teammate Marc Methot after scoring in overtime against the Penguins at the Canadian Tire Centre on Tuesday. JUSTIN TANG/THE CANADIAN PRESS

1990

The last time the Red Wings didn't make it to the post-season.

2006

The last time the Penguins failed to qualify for the playoffs.

Henrik Zetterberg GETTY IMAGES

Sidney Crosby GETTY IMAGES

NOW OPEN!

@ Gloucester Mall



@BigRigBrewBoss



1980 Ogilvie Rd. (ACROSS FROM SILVERCITY THEATRES)
For reservations: 613-552-3336 or gloucester.bigrigbrew.com



Comfort food.
Done Right.

Fierce French await in friendly

WOMEN'S SOCCER

Canada face stern test before Herdman picks his WC roster

It will be no ordinary soccer friendly Thursday when the Canadian women take on France in Bondoufle, just south of Paris.

The French have a score to settle after losing the bronze medal to Canada on a stoppage-time goal at the London Olympics.

"They definitely have an axe to grind with Canada," Canadian coach John Herdman told a media conference call Wednesday. "France offered us this game and I think it's for a reason. The reason is we have been a bogey team for them."



In terms of weapons, they have four or five Sinclairs across the front line

Canadian coach John Herdman



Team France in training on Monday FRANCK FIFE/AFP/GETTY IMAGES

"At least half that squad will carry the memories of that Olympic game and that last-gasp equalizer that we scored in France the last time we played them in the 1-1 draw (in March 2013)."

For the Canadians, it's one last chance to impress before Herdman names his roster April 27 for this summer's World Cup.

"This is a great opportunity for our players. In the words of our captain, it's the time to see where we're at," said Herdman, quoting Christine Sinclair. "We've put a lot of work in this year as a group. We've been progressing quite nicely. But this is one of

those real tests, it's a true test."

FIFA ranks France third, behind the U.S. and No. 1 Germany. But Herdman, whose team is eighth, sees the French as the best team in the world on current form.

"In terms of weapons, they have four or five Sinclairs across the front line," Herdman said.

Sinclair and other Canadian veterans have their own long memories. France blanked Canada 4-0 in round-robin play at the 2011 World Cup to eliminate the Canadians from contention.

The French have beaten both the U.S. and No. 4 Japan this year,

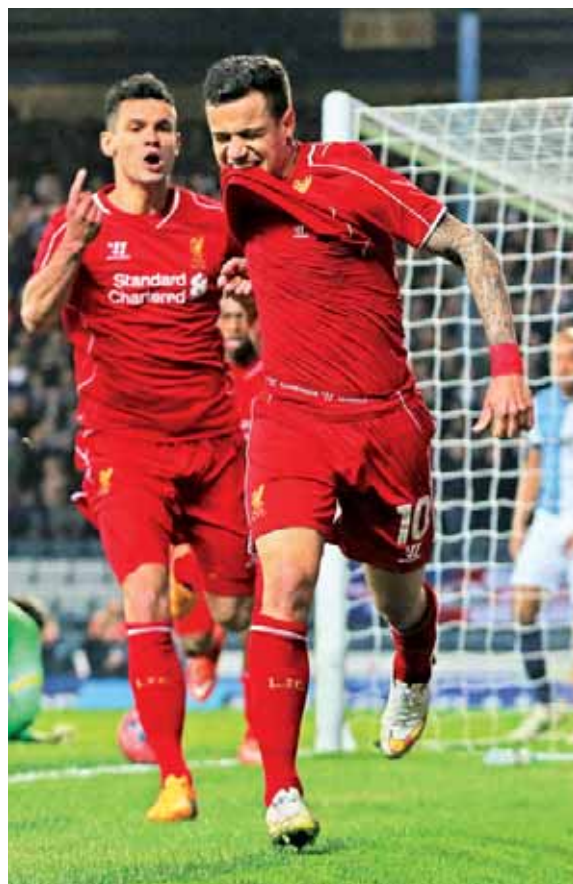


Diana Matheson, the veteran who drives Canada's midfield and scored the bronze-medal winning goal in London 2012, is not currently with the team in France due to injury. DEREK LEUNG/GETTY IMAGES

although they were beaten 2-0 by the Americans in the final of the Algarve Cup recently. "They're a wonderful team," said Herdman.

Canada has had the last laugh recently, however. Kaylyn Kyle scored in the fourth minute of stoppage time to secure a tie

two years ago in Nice. And Diana Matheson's 92nd-minute goal knocked the French off the Olympic podium. THE CANADIAN PRESS



FA CUP SOCCER COUTINHO BITES INTO BLACKBURN

Philippe Coutinho was Liverpool's FA Cup saviour again on Wednesday, clinching a 1-0 victory, with a drilled 70th minute goal, over Championship side Blackburn to set up a semifinal with Aston Villa at Wembley on April 19. JAN KRUGER/GETTY IMAGES

NFL

Thomas' work pays off with first full time role

Sarah Thomas saw the New York City area code pop up on her phone and started praying it was the NFL calling to say she'd been hired as a full-time game official.

Not because that would make her the first woman to hold the job. Her hopes were those of any longtime official on the cusp of working at the sport's pinnacle.

Thomas will be a line judge for the 2015 season, the league announced Wednesday. She's proud to serve as an example that anyone can succeed in any endeavour. But breaking down barriers was just a byproduct of her goals, not the goal itself.

"It's just a mindset of an official that you don't want to be seen or noticed," Thomas said on a conference call with reporters.

Then again, the NFL doesn't typically host a conference call for a newly hired official. The 41-year-old Thomas was both self-assured and self-deprecating in fielding questions, unfazed by the attention but also trying to deflect it. She's already become the first female official at the major college football level and the first to work a bowl game.

Thomas expects to still wear her hair tucked inside her cap. She started doing it on a suggestion that it would keep her from sticking out, though these days it's more about habit than an attempt to blend in.

"I think my hair's the least of my concerns," Thomas said, laughing.

"I know that I will probably stand out being the first," she added, "but as far as players and coaches, I've been around a good little while, and I think they know who I am and just want to make sure I can do my job."

Thomas was in the league's officiating development program in 2013 and '14 and has worked at mini-camps, training

camps and exhibition games. She has officiated for Conference USA since 2007, with assignments including the Senior Bowl, the Pizza Bowl, the Fight Hunger Bowl, the Medal of Honor Bowl, and the league championship game in 2010 and '14.

Thomas officiated two seasons in the United Football League, which is now out of business.

"If you look at Sarah's background and her journey to get here, this is not

something that happened overnight," said Dean Blandino, the NFL's vice-president of officiating. "She's been officiating 20 years and been on our radar screen for 8-9 years." Thomas worked a Ravens pre-season game last year, and coach John Harbaugh said that "she might be one of the better ones we've had. She's a good ref," he added, "so it was a good choice." Shannon Eastin worked regular-season NFL games in 2012 as a replacement official, making her the first woman to do so in any capacity. She also was a line judge.

She was always around football growing up and was inspired to become an official when she attended a meeting with one of her brothers. The NFL was never the goal back then, but once she got into it, her natural competitiveness kicked in. She said she hadn't experienced any problems with coaches or players.

"Everyone has been very professional and looked at me as another official," Thomas said.

Like any official moving up from the college to the pro level, she expects the greatest challenge will be the speed of the game. The pre-season can't quite replicate the real thing, but she is confident she's got the quick reaction time she'll need to monitor the line of scrimmage. THE ASSOCIATED PRESS



NFL official Sarah Thomas THE ASSOCIATED PRESS



GRAND SLAM IN RORY'S PLAN

Rory McIlroy of Northern Ireland shoots from a fairway bunker during Wednesday's practice round in Augusta, Ga. ANDREW REDINGTON/GETTY IMAGES

THE MASTERS

No. 1 McIlroy looks to add Green Jacket to collection

Tiger Woods was the exception. Ben Crenshaw was closer to the rule.

Woods joined up with Crenshaw to play the back nine Wednesday on the final day of practice for a Masters that is shaping up as a mystery in many ways. They are Masters champions with multiple green jackets. What separates them is how soon they got them.

Crenshaw had to suffer a little before he could celebrate his first major. He was a runner-up four times in the majors before he broke through in 1984 at Augusta. He won another one in 1995.

Woods wasted no time. He won the first major he played as a pro by setting 20 records in his 1997 Masters

+ TIGER'S TALE

The expectations are higher than ever for Rory McIlroy, and lower than ever for Tiger Woods, who is competing for the first time since Feb. 5. That's when he walked off the course at Torrey Pines to work on a game that had become so bad that hardly anyone recognized it.

But Woods has shown much improvement in three days of practice.

victory, and that was only the start. He already had eight majors before he recorded his first runner-up finish. He had four green jackets before he turned 30.

More players have taken the Crenshaw route and on that list is Rory McIlroy, who returns to the scene of his greatest lesson in a major.

He was a 21-year-old with a four-shot lead at the Masters in 2011, ready to be crowned

the next big thing in golf, when he shot 80 in the final round. He handled the collapse with remarkable poise, said he would learn from his mistakes. And then he posted scoring records at Congressional two months later in the U.S. Open.

"A lot of that win has to do with what happened at Augusta," McIlroy said.

The Masters is even more meaningful now.

It's the only major keeping him from the career Grand Slam, and McIlroy will be the clear favourite when the Masters begins Thursday.

"Everything I've done, all the work I've done gearing up for this week has been good," McIlroy said. "I'm just ready for the gun to go off on Thursday."

McIlroy paid a steep price four years ago and found redemption right away in other majors. Still missing, however, is the green jacket.

He'll try to rectify that starting Thursday.

THE ASSOCIATED PRESS



Tiger Woods walks across a green as his girlfriend Lindsey Vonn and caddies for the day, Woods' son Charlie and daughter Sam, look on Wednesday. EZRA SHAW/GETTY IMAGES

IN BRIEF

Tigers tag Twins again

Paul Molitor is still waiting for his first win as Minnesota's manager.

His team's first run, too. Anibal Sanchez helped the Detroit Tigers blank Minnesota for the second straight game. Jose Iglesias had four hits and Alex Avila scored four runs in Wednesday's 11-0 rout of the Twins in the Motor City.

THE ASSOCIATED PRESS

Otters file Chapter 11

The Erie Otters filed for bankruptcy on Wednesday, a move owner Sherry Bassin insists won't affect the OHL team's immediate future.

Bassin said Erie Hockey Club Limited filed for voluntary Chapter 11 bankruptcy as a way to prevent Edmonton Oilers owner Daryl Katz's Ontario Major Junior Hockey Corporation from holding its own private sale of the Otters and their assets. Bassin still plans to sell the team and pay off creditors, including Katz, but said filing was necessary. THE CANADIAN PRESS

CFL pushes PAT spot back

Kicking the extra point is about to become a little more challenging in the CFL.

Converts will be pushed back 20 yards after the league approved a series of significant rule changes Wednesday.

Extra points will now be kicked from the 32-yard line instead of the 12-yard line.

The change is expected to make the extra point less of a foregone conclusion.

If a team is trying for a two-point convert, the ball will be scrimmage from the three-yard line instead of the five-yard line under the new rules.

THE CANADIAN PRESS

Morning News

MONDAY to
FRIDAY 5am-10am

1310 News
News.Talk.Sports.

RECIPE Mediterranean Burgers with Feta Cheese Sauce

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

Twitter: @rosereisman



Ready in

Prep time: 15
Cook time: 10

Directions

1. To make the burgers, combine the ground beef, egg, dried basil and oregano, breadcrumbs, ketchup, garlic, onion and feta in a large bowl and shape into 4 burger patties. Grill or sauté in a pan lightly coated with cooking spray. Cook on one side for 7 minutes, then turn over and cook 3 to 5 more minutes or just until beef is done.

2. Combine all the sauce ingredients in a food processor and purée until smooth.

3. Serve the burgers with the sauce and garnish with fresh basil or parsley.

Ingredients

Burgers:

- 1 lb extra-lean ground beef
- 1 egg
- 1 tsp dried basil
- 1/2 tsp dried oregano
- 3 tbsp seasoned dry breadcrumbs
- 3 tbsp ketchup
- 2 tsp finely chopped garlic
- 1/4 cup finely chopped onion
- 1/4 cup crumbled feta cheese (about 1 oz)



Sauce:

- 1/4 cup crumbled feta cheese (about 1 oz)
- 1/4 cup light cream cheese (about 2 oz), softened
- 3 tbsp low-fat plain yogurt (or sour cream)
- 1/2 tsp finely chopped garlic
- 1 tbsp lemon juice
- 1 tbsp water
- 1/2 tsp dried basil

Garnish (optional):

- 3 Tbsp chopped fresh basil or parsley

Nutrition per serving (per burger)

- Calories 257
- Protein 29 g
- Carbohydrates 11 g
- Fibre 0.9 g
- Total fat 11 g
- Saturated fat 4.8 g
- Cholesterol 126 mg
- Sodium 370 mg

PHOTO: ROSE REISMAN

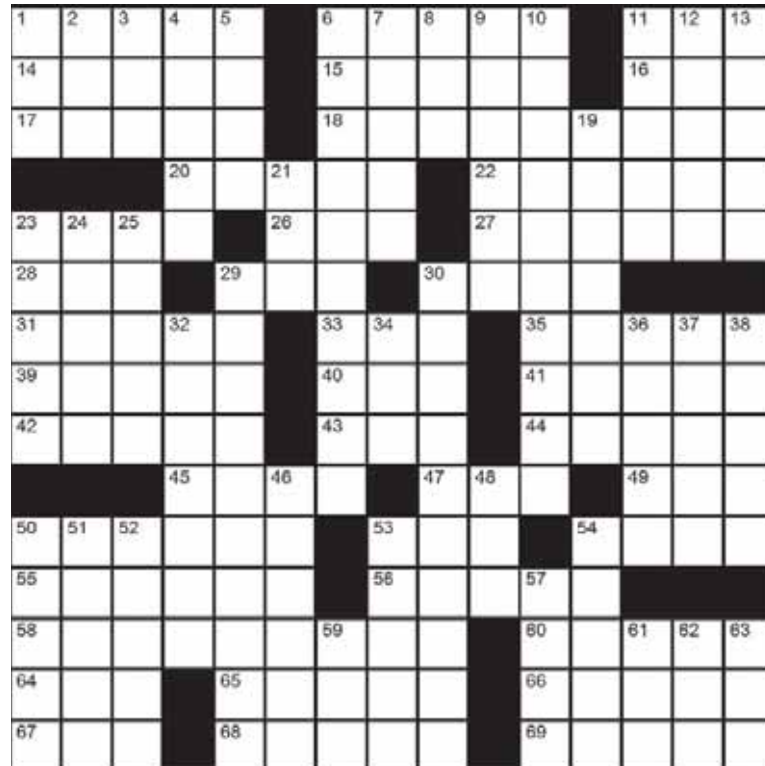
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE
metronews.ca

ACROSS

- "Mr. D" on CBC actor Mr. Savage
- DOB's "B"
- "Box of chocolates" movie character ...his initials-sharers
- The Hub' of Nova Scotia
- "It's ___ country!"
- 'Motor' suffix
- ___ charge (Held the helm)
- Ship's hull creatures
- Green hue
- Farine d'___ (French for 'oat flour')
- Maintenance
- Dining surface [abbr.]
- The ___ (Canadian a cappella group)
- Overseas MTV honour [acronym]
- Bzzzz-er
- Where to look in the song "Misty": 2 wds.
- Persian Gulf emirate
- Small, cute-style
- Make corrections
- "It's ___ from God!"
- French article
- South American animal
- Excavated again
- Plymouth ___ (Vintage car)
- Pointer Sisters member
- Scintilla
- Whole
- Weep



- Persuade with pressure
- ___ Park (Pittsburgh Pirates ballpark)
- Manipulates
- Gospel singer Mr. Crouch
- More peculiar
- Old show on MuchMusic, "Pepsi

- ___ (More at #10-Down!)
- Toward the stern
- Victor Hugo play, ___ Blas
- 'Tooth'-meaning prefix
- Princess Beatrice's mum

- Prince Valiant's son
- "So long!": 2 wds.
- Gateway

DOWN

- "Oh, yeah..." in e-mail
- British singer Rita

- 'Vigor' suffix
- "Survivor" team
- Fine-tune
- Song by Canadian troubadour Raffi: 2 wds.
- Patsy Cline's "___ to Pieces"
- Basic educ.
- Renter

- Music genre for #58-Across: 2 wds.
- Literature leaf
- Canadian DJ/producer Mr. Morrison
- Common mailing requests
- Camping stove company
- Path [abbr.]
- Tree variety
- Entertain
- Like the Stephen King dog Cujo
- Players mark them when letter/number combos are called: 2 wds.
- Fort ___ National Historic Site of Canada, in BC
- "___ the Wrath of God" (1972) directed by Werner Herzog
- Chg. card percentage
- Sagas
- Gunpowder component
- Horse-hauled carts
- Small chuckle
- TV type
- Director Frank
- "___ Merry Way" (1948)
- "A Girl Like You" by ___ Collins
- Sulky
- Country star Keith
- Slacken
- Counter's beginning...
- Pottery/paintings
- Distant
- Your, biblically

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
What would you do if you knew that success was guaranteed? So why are you not doing it? The Sun in your sign makes all things possible.

Taurus April 21 - May 21
Either you will set your sights too high or set them too low over the next 24 hours. You're in one of your "take it to the limit" moods!

Gemini May 22 - June 21
You usually get what you want in the long-term — your powers of persuasion are legendary — and you will find it easier than ever to get what you want today. You'll be amazed what others agree to.

Cancer June 22 - July 23
You are negotiating from a position of strength, so don't let anyone offer you less than you are worth. That applies to the work front, where someone in a position of authority will cheat you if they think they can.

Leo July 24 - Aug. 23
If you get the urge to try something different over the next 24 hours then by all means follow your instincts. Leo may be a "fixed" sign but in fact you can be quite adventurous.

Virgo Aug. 24 - Sept. 23
Tell others exactly what you think today and, if some people don't like it, that's just too bad. Don't be offensive for the sake of it but make sure everyone knows your views.

Libra Sept. 24 - Oct. 23
The ball is very much in someone else's court at the moment and all you can do is wait. Don't get impatient if they take their time about it because that will encourage them to go even slower.

Scorpio Oct. 24 - Nov. 22
You will work extremely hard over the next 24 hours — you will get twice as much done as you usually manage. But are you working for yourself or are you working for other people?

Sagittarius Nov. 23 - Dec. 21
Whatever you start now will bring success in the not too distant future, so make it something you can look back on with pride. It's time to let your creative side come to the fore.

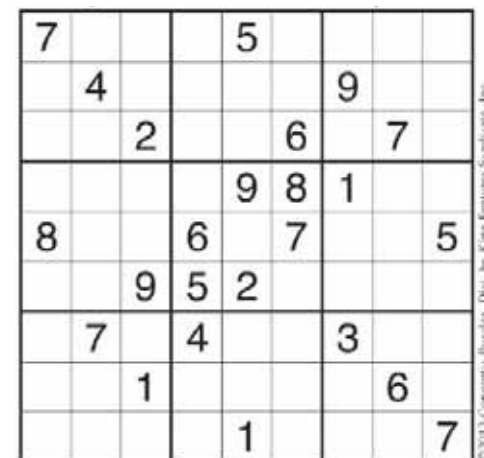
Capricorn Dec. 22 - Jan. 20
Try not to be too critical of other people today, because however well meaning your comments may be if they're too negative they won't go down well. Loved ones, especially, need your support, so be positive.

Aquarius Jan. 21 - Feb. 19
You won't find it difficult to get what you want today but don't forget if someone makes you a loan there will come a time when you have to pay it back. Think ahead.

Pisces Feb. 20 - March 20
Start something new today, something that will make you popular and make you some serious money. But don't get impatient. This is a long-term project.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2013 Conceptis Puzzles. Dist. by King Features Syndicate, Inc.

Find a parking space with ease using our new mobile app!
(Over 70 locations in Ottawa-Gatineau)

"My VINCI Park Canada"
The mobile app for all parkers.

Sign up for monthly parking, by July 1st and receive one month FREE!

Restrictions apply.
Contact: ottawa.service@vincipark.com for details.

Available on the **App Store** and **Google play**

VINCI PARK

www.vincipark.ca
613-232-4801

Starts today. Exclusively ours.

LANCÔME GIFT

FREE: Choose your 8-piece gift with any LANCÔME purchase of \$36 or more.

An estimated value of \$188.*

Ends May 3, 2015.

1

RECEIVE TWO
BESTSELLERS
Mascara
and eye makeup
remover



2

CHOOSE
YOUR
SERUM
from two
specialized
formulas



3

CHOOSE YOUR
SKIN CARE DUO
from three, two-piece
skin and eye care
formulations



4

CHOOSE YOUR MAKEUP DUO
from eyeshadow or blush, and a lipstick colour



GET MORE:

Receive one of three additional gifts with any LANCÔME purchase of \$95 or more. Choose from a Nutrix Royal Body Lotion OR a Trésor fragrance rollerball, Trésor Body Lotion and Juicy Tube, OR a Génifique Repair and Radiance Cleanser & Toner. A value of up to \$60*.

HUDSON'S BAY

SAVE \$20

on a purchase of \$100 or more before taxes when you use the Hudson's Bay MasterCard® or Hudson's Bay Credit Card from April 9 to May 3, 2015



HUDSON'S BAY
CREDIT BONUS

Thursday, April 9 to Sunday, April 12, 2015, receive a \$20 Savings Card with any LANCÔME purchase of \$75 or more when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card.** Exclusively ours

HUDSON'S BAY

SHOP THEBAY.COM



*Before taxes. While quantities last. Values are based on our per mL and/or g price for regular-sized products. **Before taxes. While quantities last. Redeemable on your next purchase of \$100 or more before taxes when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card between April 9 and May 3, 2015. Not redeemable on cosmetics, fragrance or online purchases. One card per transaction. Not to be combined with any other offer. Excludes Hudson's Bay Outlet. Other exclusions apply. See store for details. Hudson's Bay, Hudson's Bay Credit, hbc.com and their associated designs are trademarks of Hudson's Bay Company. Credit is extended by Capital One Bank (Canada Branch). Capital One® is a registered trademark of Capital One Financial Corporation. MasterCard and the MasterCard brand mark are registered trademarks of MasterCard International Incorporated. All marks used under licence. All rights reserved.